



Sumit was 7 years old. Bibek was 8 years old. They were best friends.

They liked talking after school. They had big dreams!

Sumit said, *“One day, when I have everything, I will do great things!”*

Bibek said, *“Yes! When I’m big and rich, I will help people too!”*

But then they stopped and thought. *“Why are we waiting?”* said Bibek.

Sumit nodded, *“We can start helping people now!”* So they did!

They started doing little Seva (loving service):

- ✓ They helped their parents at home
- ✓ They cleaned up trash on the street
- ✓ They shared their snacks at school
- ✓ They smiled at people who looked sad
- ✓ They said kind words and helped others feel happy

Soon, other people saw what they were doing.

Even their teacher said, *“These boys show us that kindness can begin right now!”*

Sumit said, *“We didn’t need to wait to be big!”*

Bibek smiled, *“We already had everything we needed to help.”*

They were just 7 and 8 years old - but they became helpers, leaders, and examples.

And they made the world a little brighter every day. ✨

Question for You: What small kind things can you do today?

🎨 Heart-Work Ideas: ✍️ Draw a picture of you helping someone or make something what you like