



In a quiet village in Nepal Prem with his younger sister, their parents, and grandparents. Prem's mother worked diligently as a tailor, and his father earned modest income at a biscuit factory.

The humble family lived with dignity and strength, guided by prayer, honesty, discipline, respect, and hard work. 13-year-old Prem followed his parents' example and tried to live by these principles every day.

One morning at school, Prem realized he had forgotten his pen. His classmate Arun noticed and kindly offered one, saying, "After using it, please give it back so I can help others also."

Prem nodded gratefully.

That evening, when Prem found the pen in his bag, he felt guilty. He told his mother, who gently advised him to return it the next day. Yet Prem's conscience urged him to keep his promise immediately. He walked back to school that evening — only to learn that Arun had already left the town because his mother, a doctor, had been transferred urgently.

Prem kept the pen safely, hoping he would meet Arun again someday.

Fifteen years passed. Prem completed his studies and joined a reputable company. On his first day, he was astonished to see Arun — now a confident professional — working there too.

The next morning, Prem brought the same pen he had kept all those years and handed it to Arun, explaining the story.

Arun smiled, deeply moved. "You remembered this after fifteen years?"

Prem replied with quiet conviction, "Even small promises matter, remember SSSSB gurus taught us?."

Their sincerity and integrity impressed the company's owner, who soon promoted both of them to managerial positions.

Question: "Can you think of a time when keeping (or breaking) a small promise affected your relationships?"