



Set Up

- The whole class plays together as one team.
- Prepare a basket or box labeled “Extra Things.”
- Gather simple classroom items (pencils, erasers, books, toys, etc.).

How to Play

- **Pick an Item:** One student picks an item from the basket.
- **Decide & Act:** The student says whether it’s Extra (something they could give away) or Essential (something they really need).
Then they act it out in a funny way — for example:
 - Hugging the “Essential” item like it’s precious.
 - Tossing the “Extra” item away dramatically and saying, “I’ll donate this!”
- **Cheer & Reflect:** The class cheers for the funniest or most generous act.

Teacher asks: “How does giving away extra things make us feel?”
Children shout their answers together.