

🕯️ SSSSB Story 062b – A New Good Beginning with Even More Values (For ages 10 and up)



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Once upon a time, there were two girls in the 9th grade. The girls were thinking about how to start new things in the best possible way. They understood that every new beginning is an opportunity to grow — not only in knowledge but also in values.

Girl 1 was from Nepal. The holidays were over and school had started again. She reflected on the past to learn from it — what could she do better than before? She made a list of things that had gone well and decided to continue doing those in the same way. She also made a list of things she could improve. Her plan was to connect everything she did with even more values — such as honesty, discipline, and love for others.

Girl 2 was from Congo. Alongside her schoolwork, she regularly gave tuition lessons to younger children in her neighborhood. She also reflected on the past to see what she could do better. Her plan was the same — to connect everything she did with more values, such as patience, service to others, and gratitude.

The girls agreed to meet at least once a week to share their progress and experiences — to learn from each other, help one another grow, and inspire each other. Both discovered that when you begin something with good intentions and values in your heart, everything flows better, and your heart feels peaceful.

🕯️ Question of the Day and Heart-Work:

Name at least one activity (at school, in sports, or elsewhere) that you do. Describe what already goes well and what you could improve starting today by applying more values.