

🇬🇧 Physical Class Game: Story 053: “The Other Way Around Circle”



Setup: Children sit or stand in a circle. One child is chosen as the “Mirror Holder” (they hold a small mirror, card, or symbolic object). A board or notebook is available to record answers.

Rules

1. Self-Reflection Round
 - The Mirror Holder asks each child: “*What is something good about yourself that you want to grow more?*”
 - Each child shares one positive trait (kindness, honesty, discipline, etc.).
 - The facilitator writes these on the board.
2. Compliment Round
 - The Mirror Holder now asks: “*What is something good you see in another person here?*”
 - Each child gives a compliment to someone else in the circle.
 - The facilitator notes these compliments.
3. Group Reflection
 - Children discuss:
 1. How did it feel to focus on their own good qualities?
 2. How did it feel to receive compliments from others?
 - Together, they identify 2–3 values that make everyone stronger when practiced.

Soul Blossom Twist

- At the end, the group chants together: “*We grow by seeing the good in ourselves and in others!*”
- Optional: Children can decorate a “Goodness Tree” poster by adding leaves with their positive traits and compliments written on them.