



In a small village, people were talking about what is truly the most important in life.
One person said, *“Parents and grandparents.”*
Another said, *“Teachers.”*
Someone else said, *“Children and grandchildren.”*
Some said, *“Sports!”*
Others called out:
“Swami!”, “Lord Jesus!”, “Lord Buddha!”, “SSSSB class!”, “School!”, “Light meditation!”,
“Food and drink!”
And others said, *“Playing!”*

Two children listened to all these answers and became curious.

The first child said: *“Maybe the most important thing is vegetables and fruit, because they keep you strong and healthy!”*

The second child said:
“Maybe the most important thing is running fast, because then you can win the races!”

The two children looked at each other and wondered:
“What do the SSSSB students think is the most important in life?”

Question and Heart-Work of the Day: **What is the most valuable thing for you?**