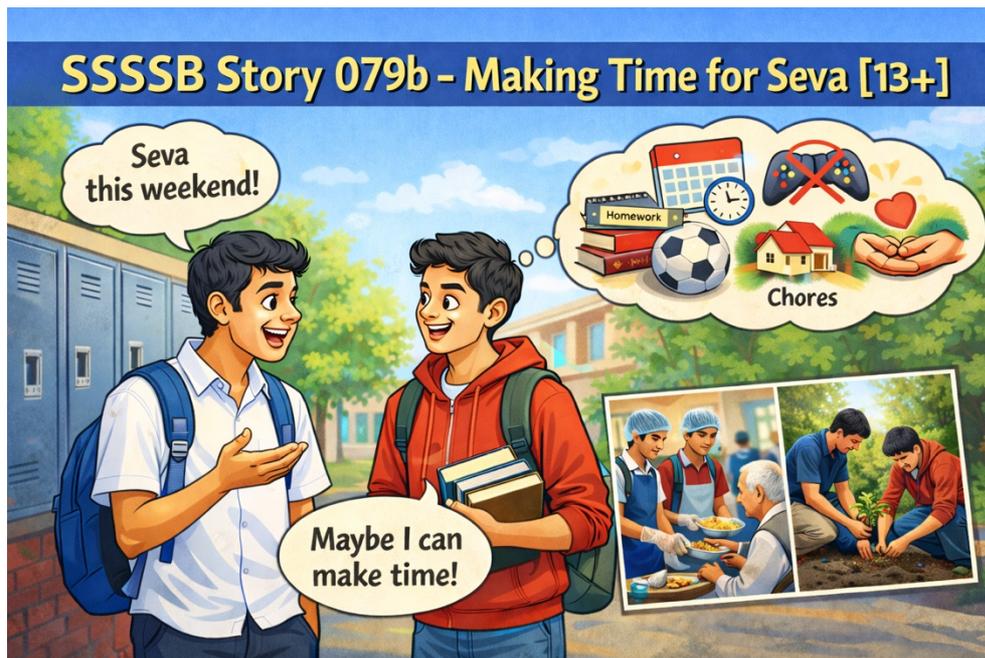


🇬🇧 SSSSB Story 079b – Making Time for Seva [13+]



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Once two school students were talking together after school.

One student said,

*“Did you hear? There will be a seva activity this weekend. I have never participated before, but from now on I will try to make some free time so I can join.”*

The second student replied,

*“I would also like to participate, but I have so many things to do — school, homework, sports, and helping at home. I don’t know if I will have enough time.”*

The first student thought for a moment and said,

*“We all have many things to do. But maybe if we plan our time well, or avoid doing things that are not really necessary, we can save some time. Then we can still help others. Even a little time given with love can make a difference.”*

The second student smiled and said,

*“You are right. Maybe I should try as well. If we really want to do something good, we can always find a little time.”*

And so the two students decided to try to make time for seva opportunities, creating space in their busy schedules to participate in seva activities.

🇬🇧 Questions, Heart-Work & Physical classes can perform a drama activity about today’s topic. What about you — do you think you can also make time for seva activities, and can you think of examples where you could save time and use it for seva?