

🇬🇧 SSSSB Story 069a – Good Manners Make Us and Others Happy (For ages 5–9)



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Two little girls were sitting in their classroom during break time. They looked sad.

Girl 1: *“Sometimes I speak unkindly... then I forget to be polite.”*

Girl 2: *“And sometimes I copy wrong things from others. Then I feel sorry afterward.”*

Tears came into their eyes.

At that moment, a small, friendly bird flew to the window. It looked at them gently.

The little bird chirped softly, almost like words:

*“Don’t be sad.
You can always start again.
Choose kindness.”*

The girls smiled. The bird had given them exactly what they needed.

Girl 1: *“The little bird helps us remember to do better.”*

Girl 2: *“Let’s be kind from now on and be a good example!”*

With a happy feeling, they went home that day — their hearts were light and warm.

🌻 Question of the Day & Heart-Work

How do you feel when you are kind — and how do others react to you?