

🇬🇧 Physical Class Game – Story 083: “Pray and Listen”



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Activity:

Create a game where children experience praying and receiving guidance from Swami.

How to play:

- One child plays the role of a sad or confused child.
- Another child plays the role of Swami.
- The child who plays Swami sits quietly somewhere out of sight of the group.
- The “sad child” says a question or shares a worry (like praying).
- The “Swami” answers softly from a hidden place.
- The group listens and observes the interaction.
- After the activity, discuss:
 - How did it feel to ask for help?
 - How did it feel to answer as Swami?

Note:

Encourage kind, loving, and positive answers—just like Swami would give.