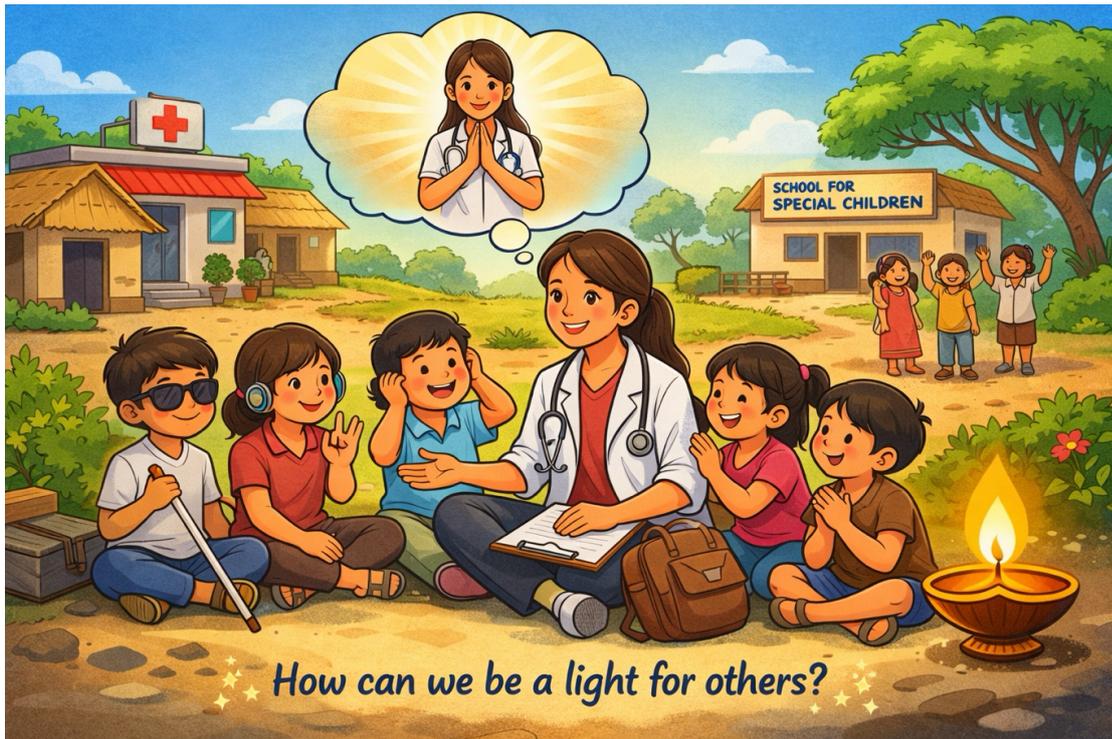


🇬🇧 SSSSB Story 078b – Are We Satisfied with What We Have? [13+]



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Once upon a time, there was a student who was pursuing a medical degree. Her education consisted of both a theoretical and a practical component. Part of her studies took place at the college, where she attended theoretical classes, and another part involved practical training in a hospital that collaborated with the college.

During her studies, she had a meaningful experience while participating in a health awareness program organized by her college. The students traveled to a village to provide the residents with basic health education. After a long journey, they arrived right on time and found a beautiful, peaceful environment. The students explained to the villagers how they could take better care of their health and what to do in case of an emergency.

During the visit, they also went to a school for children who cannot see, speak, or hear. To their surprise, the students there were very respectful. They obeyed their teachers, followed moral values, and were an example to others. Although the visiting students were strangers to them, the children greeted and communicated with them warmly in their own way, saying: *“Thank you. When will you come again? Please don’t forget us. Namaste, big sister.”*

One of the students, who is also an SSSSB youth member, realized that many people do not always appreciate their own blessings and opportunities, while children with disabilities often remain grateful and demonstrate strong values. With this realization, she decided to share her experience with the SSSSB students so that they too could reflect on it and apply it in their own lives.

Question & Heart-Work

How can we, who often have easier lives and more opportunities than these children, learn to live with gratitude, inner strength, and spiritual values despite our own challenges — and become a light and an example for others?