## Guidance 001: For Students of All Ages



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About your studies, I would like to share a method to study even more successfully. We work with three "Todo" files:

- 1] Todo Past File: This file contains tasks that still need to be done. Try to do something from this file every day so that the content becomes smaller and smaller.
- 2] Todo Present File: This includes all the homework and assignments we received today. Try to finish as much of this as possible, so that tomorrow very little will be added to the *Todo Past File*.
- 3] Todo Wise File: These are plans and tasks we can already prepare for by using the experience we have gained so far. This way, when the time comes to actually do them, we can carry them out as effectively and efficiently as possible.

**Note**: Do everything with the same love as the love you feel for the one you love the most.

11 August 2025 – Sairam Office, The Hague, Netherlands – SSSSB Guru, Sunil Marapin