

🇬🇧 **Physical Class Game – Story 003 – How to Improve Manners?**



Materials

- Small cards with situations written on them
- A basket or box
- Open space

How to Play

1. Divide children into 2 teams.
2. Put “Manners Challenge Cards” in a basket.

Examples of cards:

- Your friend forgot homework — what do you say?
- Your parents ask for help — what do you do?
- Someone is sad — what kind words can you say?
- You feel angry — what good action can you take?

3. One child from a team runs to the basket, picks a card, and acts out a good manner or answers quickly.
4. Another child from another team has to answer or act with a good manner.
5. If the answer/action is kind and positive, the team gets 1 point.
6. Continue this for some rounds.

Fun Action Rule

After answering, the child must do a joyful movement: Hop in one leg for 3 times, Clap with teammates or Give a “kindness high-five”

Moral: Good manners grow with practice, kindness, and positive actions.