

Summary of our 1st lesson

Om Shree Sai Ram

On the date of 4th July we started the first soul blossom class in Balkot, by Guru Daju, Geeta Guru Aama and Meena Guru Aama.

First 2 students Bibhuti Raut and Grishav Raut joined the class, later Suresh Rawat and Sita Rawat joined.

We started with the schedule plan which we had already prepared.

1. Greetings with each others
2. Opening:- We started with pray mantra Om karam, 3 times Gyatri mantra, Ganesh mantra and Guru mantra.
3. The students introduced with their name, age and their aim in the future or their dream, in the dream all the children shared that some want to be a Nurse, Some Doctor and some boxer, football player etc.
4. We gurus told about the soul blossom. Guru Daju showed the flower garden of Holland to the children.
5. We told the students do you want to ask any questions to Gurus.
6. We asked the children what is your best thing you have experience in the life. The children could not say because they are too small and could not think about it.
7. Now in the lock down situation how do you feel, they said that want to go to the school and meet the friends.
8. Given the Heart work the Story no. 011. Lock down & positivity.
9. We sang the vajans
10. We closed with 3 times Om karam, Samasta jiwa Sukhino bhawantu and Sharvesham swasthir bhawantu Om Shanti, Shanti , shanti .