

No 7: Nepal Open Youth SB class: Wednesday, 10 February 2021, time 5 - 6 pm Coordinator: Naresh Uncle / Gurus: Naresh Uncle & Guru Daju (Sunil Marapin)

For Students from 15 year or older & active students.

01 Opening: Pray for Bhagawan Shri Sanjay Sai Baba:

Aum Shri Sanjay Sairam

With love and humility, we dedicate today's program at Thy lotus feet.

Swami, be with us and guide us in the process to realise the eternal blessing.

ॐ श्री सञ्जय साईराम,

हामी आजको कार्यक्रम स्नेह तथा नम्रता पूर्वक हजुरको चरण कमलमा समर्पण तथा अर्पण गर्दछौँ । स्वामी, हाम्रो साथमैरहेर पथप्रदर्शकभई निरन्तर आशिर्वाद तथा कृपा बक्सियोस ।

3 x Aum & 1 x Sri Sanjay Sai Baba Gayatri Mantra: Aum, Sai Thrayaaya Vidmahe Sanjay Babaya Dheemahi Tanna Sarva Prachodayath.

1 x Ganesh Mantra:

Bakra Tunda Mahakaya, Suryakoti Samaprabha, Nirbighnam Kurume Devo, Sarva Karya Su Sarvada

1 x Guru Mantra:

Guru Brahma Guru Vishnu, Guru Deva Maheshwor, Guru Sakshat Param Brahma, Tasmai Shree Guruve Namah Aum, Shanti Shanti O1b Silent sitting: Light Meditation, 3 to 5 minutes

02: Last update, questions and experience after practising the SSSSB values

03: Activity (one or more of the following activities: Questions, Value stories, Value games, Value Drawings, Bhajans, Value Song, Drama, etc.)

Topic 1: Open topic & questions from the youths

Topic 2: Children right-protection (school, work, etc.) in Nepal, Holland and the world

04: Heart-work to do (Send on the class day,10 points. The next day, 5 points. After the next day, 2 points).

-Make a short summary (5 till 10 lines) of today's SSSSB class

04b: Heart-work to practice. Practice the values of the months till now

"Speak Politely and Lovingly", "Gratitude to Mother Earth" and "Speak the truth" + "Act righteous"

05: Closina

Bhagawan Sri Sanjay Sai Aarati (With Audio sound. We don't have to get up)

3 x Samasta Jiwa Sukhino Bhawantu

Aum Shanti, Shanti, Shanti

We are forever grateful to you Bhagawan for your blessings and grace. Twam Saranam Mama भगवान हज्रको शोभनिय आशिर्वाद तथा कृपाकोलागी हामी सदासर्वदा आभारी तथा कृतज्ञ छौं। त्वम शरणम ममः

Jai Bolo Soul Blossom Program Ki ... Jai (1x) Jai Bolo Bhagawan Shri Sanjay Sai Baba Ji Ki ... Jai (1x)

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quiz children's rights

Question 1 of 6: Thirteen-year-old Jesse has stolen a game from a game store. Should he get a prison sentence for this?

- A. Yes, jail time is good to keep Jesse from stealing again.
- B. No, we first look at which punishment suits Jesse better.

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Question 2 of 6: Can the neighbor ask you to wash his car for three euros (423 rupee)?

- A. Yes, as long as you don't have to hand over the money you earn, for example to your parents.
- B. No, three euros (423 rupee) is too little money for washing a car.
- C. No, it is child labor if you do chores for money and that is prohibited.

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Question 3 of 6: Sanne and Jeffrey's parents have little money and can no longer pay the rent for the house. Do Sanne and Jeffrey have to go to foster care?

- A. No, foster care is only for children whose parents cannot take care of them.
- B. No, children cannot just be taken away from their parents. Other accommodation must be arranged.
- C. Yes, if parents have little money, the children have to go to a foster family.

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Question 4 of 6: Can children in a wheelchair attend the same school as children who are not in a wheelchair?

- A. Yes, children in a wheelchair will receive extra help and the school will be adapted.
- B. Yes, because there are no special schools for children in wheelchairs.
- C. No, children in a wheelchair must attend a special school.

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Question 5 of 6: Carlos is a Spanish boy who is beaten by his father when he has been naughty. Is that allowed?

- A. Yes, every culture has its own rules.
- B. Yes, parents decide for themselves how they raise their child.
- C. No, that is not allowed because that is child abuse.

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Question 6 of 6: Zainab fled from Afghanistan to the Netherlands with her father. Here Zainab becomes very ill, can she be admitted to the hospital?

- A. No, Zainab is illegal in the Netherlands and is therefore not allowed to go to hospital.
- B. Yes, all children in the world are equal and are allowed to go to hospital.
- C. Yes, if Zainab's father pays the hospital costs himself.







Answers:

Q1=B

In the Netherlands you can receive a sentence from the age of twelve if you are suspected of something that is not allowed under criminal law. Think of a community service or a learning order, to repair damage or improve behavior. It is important that it is always considered which punishment is best and that a severe punishment is not immediately chosen. This is because the special rules of juvenile criminal law apply to young people, whereby it is paramount that lessons can be learned from mistakes. That is why young people in the Netherlands do not often receive a prison sentence. Especially not for stealing a game.

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Q2 = A

As a child you are allowed to do chores for a fee, such as washing a car or doing the dishes. That is not child labor. However, you are not allowed to do work a) that is bad for your health, b) that prevents you from going to school or c) that requires you to give the money to your parents or another adult. In the Netherlands you can have a job from the age of thirteen, but not much work yet.

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Q3 = B







You have the right to live with your parents. That is best for you in most cases. That's why you can't just be separated from your parents. Even if your parents can no longer pay the rent. The municipality must provide a replacement place to live if your parents cannot arrange this themselves.

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Q4=A

The correct answer is A. Children with disabilities have the same rights as all children. Only they have more difficulty in moving and sometimes certain activities are more difficult. Nevertheless, these children must lead a life as normal as possible and therefore be able to attend a regular school. Schools must be adapted in such a way that children with disabilities are also welcome.

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Q5 = C

There are differences between cultures about what constitutes a good parenting, but you should never be beaten. Not even by your parents. According to the Convention on the Rights of the Child, as a child you must be protected against child abuse, and beating is a form of child abuse.

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Q6 = B

You have the right, like all other children in the world, to the best possible health and healthcare. Even if you have fled to the Netherlands and do not yet have the necessary papers to be able to go to hospital. Nobody should be refused. Yet not all children receive the same care yet.







Summary

Students of our Soul Blossom Youth Class Katunje: (green is present)

01-Rose,

02-Sumu,

03-Raj,

04-Suvam,

05-Swayeksha,

06-Pranjol,

07-Prabesh,

08-Anish Thapa,

09-Suwa (Subha) Thapa

+ Sarika

Garima tamang

Apekshya

Prashna gr8

Shristi gr10

Garima Tamang hr8

Birat gr9

Zaki

Gurus (teachers) & team of our Soul Blossom Youth Class:

- -Naresh Uncle (Naresh DHUNGEL): Coordinators youth class
- -Guru Daju (Sunil MARAPIN, from Holland), support
- -Rama ma'am
- -Gita Ma'am
- -Meena Ma'am

Summary of todays National Youth SB class Today was an open topic.

We talk about:

- Today class was from Sairam office in Holland, with Zaki also
- Naresh uncle talk about children rights and show some slides.
- Guru daju give a quiz, with 6 children right situation in Holland

Febr 10, 2021 The Hague, Holland

Guru Daju (Sunil Marapin)



