

SHRI SANJAY SAI SOUL BLOSSOM

National Youth Soul Blossom class

Program No 6 (22) National Youth Soul Blossom class: Wednesday, 03 febr 2021 5 to 6 pm
Coordinator: Naresh Uncle / Gurus: Naresh Uncle, Support: Guru Daju (Sunil Marapin),
For Students from 15 year or older & active students.

01 Opening: Pray for Bhagawan Shri Sanjay Sai Baba:
Aum Shri Sanjay Sairam
With love and humility, we dedicate today's program at Thy lotus feet.
Swami, be with us and guide us in the process to realise the eternal blessing.

ॐ श्री सञ्जय साईराम,
हामी आजको कार्यक्रम स्नेह तथा नम्रता पूर्वक हजुरको चरण कमलमा समर्पण तथा अर्पण गर्दछौं ।
स्वामी, हाम्रो साथमैरहेर पथप्रदर्शकभई निरन्तर आशिर्वाद तथा कृपा बक्सियोस ।

3 x Aum & 1 x Sri Sanjay Sai Baba Gayatri Mantra:
Aum, Sai Thrayaaya Vidmahe
Sanjay Babaya Dheemahi
Tanna Sarva Prachodayath.

1 x Ganesh Mantra:
Bakra Tunda Mahakaya, Suryakoti Samaprabha,
Nirbighnam Kurume Devo, Sarva Karya Su Sarvada

1 x Guru Mantra:
Guru Brahma Guru Vishnu, Guru Deva Maheshwor,
Guru Sakshat Param Brahma, Tasmai Shree Guruve Namah
Aum, Shanti Shanti Shanti
01b Silent sitting: Light Meditation, 3 to 5 minutes

02: Last update, questions and experience after practising the SSSSB values
03: Activity (one or more of the following activities: Questions, Value stories, Value games, Value Drawings, Bhajans, Value Song, Drama, etc.)
Topic 1: Angel from Spain is guest in today's SB class
Topic 2: Open topic
Topic 2: Let's make a video about SB academic year 2020-2021

04: Heart-work to do (Send on the class day, 10 points. The next day, 5 points. After the next day, 2 points).
-Make a short summary (5 till 10 lines) of today's SSSSB class
04b: Heart-work to practice. Practice the values of the months till now
"Speak Politely and Lovingly", "Gratitude to Mother Earth" and "Speak the truth" + "Act righteous"

05: Closing Bhagawan Sri Sanjay Sai Aarati (With Audio sound. We don't have to get up)
3 x Samasta Jiwa Sukhino Bhawantu
Aum Shanti, Shanti, Shanti

We are forever grateful to you Bhagawan for your blessings and grace. Twam Saranam Mama
भगवान हजुरको शोभनिय आशिर्वाद तथा कृपाकोलागी हामी सदासर्वदा आभारी तथा कृतज्ञ छौं । त्वम शरणम मम:

Jai Bolo Soul Blossom Program Ki ... Jai (1x)
Jai Bolo Bhagawan Shri Sanjay Sai Baba Ji Ki ... Jai (1x)

===== End =====



**Our gratitude to Bhagawan Baba
for Showing us the path.
Twam Sharanam Mama.**





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National Youth Soul Blossom class

Summary

Students of our Soul Blossom Youth Class Katunje: (green is present)

01-Rose,
02-Sumu,
03-Raj,
04-Suvam,
05-Swayeksha,
06-Pranjol,
07-Prabesh,
08-Anish Thapa,
09-Suwa (Subha) Thapa
+ Sarika
Garima tamang
Apekshya
Shristi gr10
Birat gr9

Guest:

Gurus (teachers) & team of our Soul Blossom Youth Class:

-Naresh Uncle (Naresh DHUNGEL): Coordinators youth class
-Guru Daju (Sunil MARAPIN, from Holland), support
-Rama ma'am
-Gita Ma'am
-Meena Ma'am

Summary of todays National Youth SB class

Today was a open topic.

We talk about:

- Today we suprice the youths from Nepal: Angel from Spain was in Sairam office in Holland
- Angel tell about the travel rules, because of airplane flight.
- We talk about the different from euro school & Nepal schools
- We talk about the important the Soul Blossom program, also for Europe and other countries.

Next time we can talk also about the governments rules (school, work, etc) from holland to protect children.

Febr 4, 2021

The Hague, Holland

Guru Daju (Sunil Marapin)



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Twam Sharanam Mama.**

