

SHRI SANJAY SAI SOUL BLOSSOM

Open Nepal SB class for Students, Teachers, Families & Friends

Program No 1(5), National Open, Soul Blossom class Saturday, December 26, 2020 from 6:30- 8:00 pm

Coordinator Guru Daju / Support: Naresh Uncle.

For Students, teachers, families & friends worldwide from 15 year or older. This class was the National youth class

01 Opening: Pray for Bhagawan Shri Sanjay Sai Baba:

Aum Shri Sanjay Sairam

With love and humility, we dedicate today's program at Thy lotus feet.

Swami, be with us and guide us in the process to realise the eternal blessing.

ॐ श्री सञ्जय साईराम,

हामी आजको कार्यक्रम स्नेह तथा नम्रता पूर्वक हजुरको चरण कमलमा समर्पण तथा अर्पण गर्दछौं ।

स्वामी, हाम्रो साथमैरहेर पथप्रदर्शकभई निरन्तर आशिर्वाद तथा कृपा बक्सियोस ।

3 x Aum & 1 x Sri Sanjay Sai Baba Gayatri Mantra:

Aum, Sai Thrayaaya Vidmahe

Sanjay Babaya Dheemahi

Tanna Sarva Prachodayath.

1 x Ganesh Mantra:

Bakra Tunda Mahakaya , Suryakoti Samaprabha,

Nirbighnam Kurume Devo, Sarva Karya Su Sarvada

1 x Guru Mantra:

Guru Brahma Guru Vishnu, Guru Deva Maheshwor,

Guru Sakshat Param Brahma, Tasmai Shree Guruve Namah

Aum Shanti Shanti Shanti

01b Silent sitting: Light Meditation, 3 to 5 minutes

2: Last update, questions and experience after practising the SSSSB values

3: Activity (one or more of the following activities: Questions, Value stories, Value games, Value Drawings, Bhajans, Value Song, Drama, etc. etc.)

- Introduction lesson because of the change from National to Global Soul Blossom class

- Topic: About Lord Jesus Christ, video/photos, quiz and the message of Lord Jesus Christ

04a: Heart-work to do (Send on the class day: 10 points. The next day: 5 points. After the next day, 2 points).

-Make a short summary (5 till 10 lines) of today's SSSSB class

04b: Heart-work to practice. Practice the values of the months till now

"Speak Politely and Lovingly", "Gratitude to Mother Earth", "Speak the truth" and "Act righteous"

5: Closing

Bhagawan Sri Sanjay Sai Aarati (With Audio sound. We don't have to get up)

3 x Samasta Jiwa Sukhino Bhawantu

Aum Shanti, Shanti, Shanti

We are forever grateful to you Bhagawan for your blessings and grace. Twam Saranam Mama

भगवान हजुरको शोभनिय आशिर्वाद तथा कृपाकोलागी हामी सदासर्वदा आभारी तथा कृतज्ञ छौं । त्वम शरणम मम:

Jai Bolo Bhagawan Shri Sanjay Sai Baba Ji Ki Jai

===END===



**Our gratitude to Bhagawan Baba
for Showing us the path.
Twam Sharanam Mama.**



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Summary

Students

01-Shikshya Rijal (17, gr12)
02-Suweksha (14, gr8)
03-Rashu (14, gr8)
04-Shristi-gr10
05-Garima Panday (15, gr8)
06-Babika (15, gr8)
07-Suva THAPA (16, +2)
08-Naitik RIJAL (13, gr9)
09-Suprem Sen THAKURI
10-Pari POKHAREL (14, gr9)
11-Nobel DEVKOTA (14, gr8)
12-Aakriti SUBEDI (15, ...)
13-Rose Dhungel (
14-Aneesh Thapa
15-Aakriti SUBEDI(15)
Sabina-gr9
Sarika-gr8
Pranzal Thapa-gr9
Raj Dhungel
Prabesh
Angel
Zaki
Dr triveni
Mira
Mother Enjilina
Joyce

Coordinator & team:

Coordinator: Guru Daju (Sunil Marapin from Holland)
Coordinator: Naresh Uncle (Naresh Dhungel) Support / guest: Meena Ma'am (Meena Rijal),
Support / guest: Gita Ma'am (Gita Gautam),
Support / guest: Reshma Ma'am (Reshma Rijal),
Support / guest: Rama Ma'am, (Rama Khanal dhungel)
Support / guest: Dr Triveni)

Summary

This was the First open Nepal SB class.
Abroad guest: Angel (Spian), zaki & joyce (Holland).
We talk about:

- The goal of the class.
- Topic from Angel: Why so many friends are jealousy on me after some weeks. How to handle with this? (we all give our vision about)
- About the msg of Jesus
- Evaluation with all participants: "all was happy and also emotional, because the power and very needly & usefully of Soul Blossom program, in nowadays life.

Twam Sharanam Mama

December 26, 2020
The Hague, Holland
Guru Daju



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