



# SHRI SANJAY SAI SOUL BLOSSOM

**National Youth SSSSB class (age: 14+ and Active students)**

Program 4, National Soul Blossom class **Saturday, December 19, 2020 from 6:30- 8:00 pm**  
Gurus: Naresh Uncle and Guru Daju / For age group: **15 year and older & for active students**

01 Opening: Pray for Bhagawan Shri Sanjay Sai Baba:

Aum Shri Sanjay Sairam

With love and humility, we dedicate today's program at Thy lotus feet.

Swami, be with us and guide us in the process to realise the eternal blessing.

ॐ श्री सञ्जय साईराम,

हामी आजको कार्यक्रम स्नेह तथा नम्रता पूर्वक हजुरको चरण कमलमा समर्पण तथा अर्पण गर्दछौं ।

स्वामी, हाम्रो साथमैरहेर पथप्रदर्शकभई निरन्तर आशिर्वाद तथा कृपा बक्सियोस ।

3 x Aum & 1 x Sri Sanjay Sai Baba Gayatri Mantra:

Aum, Sai Thrayaaya Vidmahe

Sanjay Babaya Dheemahi

Tanna Sarva Prachodayath.

1 x Ganesh Mantra:

Bakra Tunda Mahakaya , Suryakoti Samaprabha,

Nirbighnam Kurume Devo, Sarva Karya Su Sarvada

1 x Guru Mantra:

Guru Brahma Guru Vishnu, Guru Deva Maheshwor,

Guru Sakshat Param Brahma, Tasmai Shree Guruve Namah

Aum Shanti Shanti Shanti

01b Silent sitting: **Light Meditation, 3 to 5 minutes**

2: Last update, questions and experience after practising the SSSSB values

3: Activity (one or more of the following activities: Questions, Value stories, Value games, Value Drawings, Bhajans, Value Song, Drama, etc. etc.)

- **Topic 1: If we are the Pm and the ministers, what things you will do from this function.**

04a: Heart-work to do (Send on the class day: 10 points. The next day: 5 points. After the next day, 2 points).

-Make a short summary (5 till 10 lines) of today's SSSSB class

04b: Heart-work to practice. Practice the values of the months till now

"Speak Politely and Lovingly", "Gratitude to Mother Earth", "Speak the truth" and "Act righteous"

5: Closing

Bhagawan Sri Sanjay Sai Aarati (With Audio sound. We don't have to get up)

3 x Samasta Jiwa Sukhino Bhawantu

Aum Shanti, Shanti, Shanti

We are forever grateful to you Bhagawan for your blessings and grace. Twam Saranam Mama

भगवान हजुरको शोभनिय आशिर्वाद तथा कृपाकोलागी हामी सदासर्वदा आभारी तथा कृतज्ञ छौं । त्वम शरणम मम:

Jai Bolo Bhagawan Shri Sanjay Sai Baba Ji Ki Jai

===END===



**Our gratitude to Bhagawan Baba  
for Showing us the path.  
Twam Sharanam Mama.**





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## Summary

### Students

01-Shikshya Rijal (17, gr12)

02-Suweksha (14, gr8)

03-Rashu (14, gr8)

04-Shristi-gr10

05-Garima Panday (15, gr8)

06-Babika (15, gr8)

07-Suva THAPA (16, +2)

08-Naitik RIJAL (13, gr9)

09-Suprem Sen THAKURI

10-Pari POKHAREL (14, gr9)

11-Nobel DEVKOTA (14, gr8)

12-Aakriti SUBEDI (15, ...)

13-Rose Dhungel (

14-Aneesh Thapa

Sabina-gr9

Sarika-gr8

Pranzal Thapa-gr9

Raj Dhungel

Prabesh

Aditi Bhandi-gr7

Aneesha Thapa

### Coordinator & team:

Coordinator: Guru Daju (Sunil Marapin from Holland)

Coordinator: Naresh Uncle (Naresh Dhungel)

Support / guest: Meena Ma'am (Meena Rijal),

Support / guest: Gita Ma'am (Gita Gautam),

Support / guest: Reshma Ma'am (Reshma Rijal),

Support / guest: Rama Ma'am, (Rama Khanal dhungel)

Support / guest: Dr Triveni)

## Summary

We talk about

- Rama Ma'am did the light meditation

- Students did not have a topic. Guru daju came with topic: " If we all from todays SB class are the government, what are the most important things what we will do as Ministers. Each person was a minister, and give what is import. We discuss about this points together.

- Guru daju tell in short about the education system in Holland & also how the government is use the budget to run the country.

- Today is an important day, because today Student Shikshya start to help other students with study.

- Next week (dec 26th) will talk about Lord Jezus

## Twam Sharanam Mama

December 19, 2020

The Hague, Holland

Guru Daju



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Twam Sharanam Mama.**

