

Program 15 SSSSB class Katunje Junior-2 + Youth-1, Wednesday, Dec 16, 2020 from 4:20 pm to 5:20 pm

Gurus: Naresh Uncle, Guru Daju (Sunil Marapin),

01 Opening: Pray for Bhagawan Shri Sanjay Sai Baba:

Aum Shri Sanjay Sairam

With love and humility, we dedicate today's program at Thy lotus feet.

Swami, be with us and guide us in the process to realise the eternal blessing.

ॐ श्री सञ्जय साईराम,

हामी आजको कार्यक्रम स्नेह तथा नम्रता पूर्वक हजुरको चरण कमलमा समर्पण तथा अर्पण गर्दछौँ । स्वामी, हाम्रो साथमैरहेर पथप्रदर्शकभई निरन्तर आशिर्वाद तथा कृपा बक्सियोस ।

3 x Aum & 1 x Sri Sanjay Sai Baba Gayatri Mantra: Aum, Sai Thrayaaya Vidmahe Sanjay Babaya Dheemahi Tanna Sarva Prachodayath.

1 x Ganesh Mantra:

Bakra Tunda Mahakaya , Suryakoti Samaprabha, Nirbighnam Kurume Devo, Sarva Karya Su Sarvada

1 x Guru Mantra:

Guru Brahma Guru Vishnu, Guru Deva Maheshwor, Guru Sakshat Param Brahma, Tasmai Shree Guruve Namah

Aum, Shanti Shanti Shanti

01b Silent sitting: Light Meditation, 3 to 5 minutes

02: Last update, questions and experience after practising the SSSB values

03: Activity (one or more of the following activities: Questions, Value stories, Value games, Value Drawings, Bhajans, Value Song, Drama, etc. etc.)

Topic: The circle of life.

a-How aware are we of this (the Circle of human life) in our daily life.

b-More and more children are very happy with Old Age Homes, how you think about this?

c-Do we have great future plans? Suppose it doesn't work out, then what?

04: Heart-work to do (Send on the class day,10 points. The next day, 5 points. After the next day, 2 points).

-Make a short summary (5 till 10 lines) of today's SSSSB class

04b: Heart-work to practice. Practice the values of the months till now

"Speak Politely and Lovingly", "Gratitude to Mother Earth" and "Speak the truth" + "Act righteous"

05: Closing Bhagawan Sri Sanjay Sai Aarati (With Audio sound. We don't have to get up)

3 x Samasta Jiwa Sukhino Bhawantu

Aum Shanti, Shanti, Shanti

We are forever grateful to you Bhagawan for your blessings and grace. Twam Saranam Mama भगवान हज्रको शोभनिय आशिर्वाद तथा कृपाकोलागी हामी सदासर्वदा आभारी तथा कृतज्ञ छौं। त्वम शरणम मम:

Jai Bolo Bhagawan Shri Sanjay Sai Baba Ji Ki Jai (1x)







SHRI SANJAY SAI SOUL BLOSSOM

Katunje Junior2 + Youth1

The circle of life.









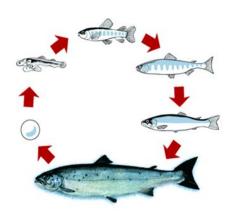


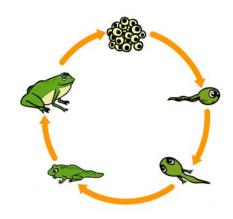






Life Cycle of a Fish and a Frog

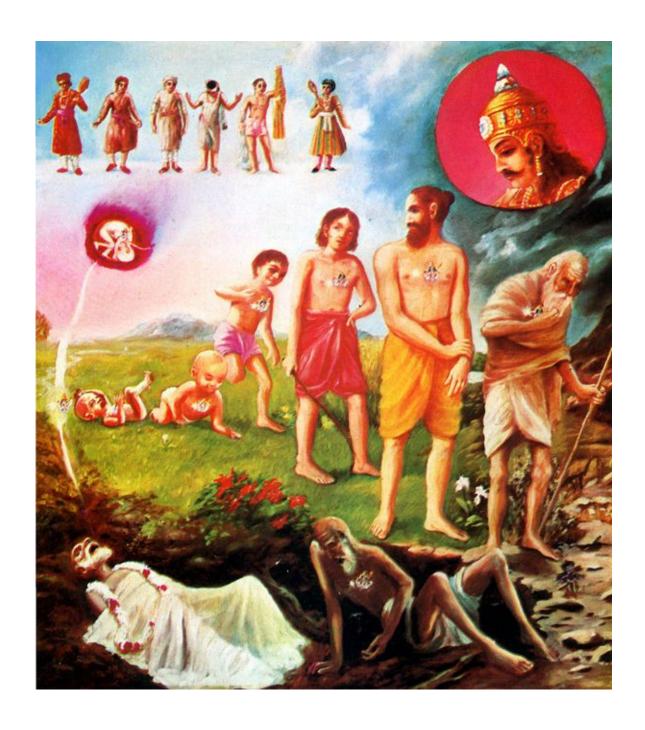


















Students of our Soul Blossom Youth Class Katunje: (green is present)

01-Rose.

02-Sumu,

03-Raj,

04-Suvam,

05-Swayeksha,

06-Pranjol,

07-Prabesh,

08-Anish Thapa,

09-Suwa (Subha) Thapa

Guest:

Gurus (teachers) & team of our Soul Blossom Youth Class: v-Naresh Uncle (Naresh DHUNGEL): Coordinators youth class

v-Guru Daju (Sunil MARAPIN, from Holland), support

Summary of the lesson 15st SSSB class Katunje Junior-2 + Youth-1 youth on December 16, 2020:

- -Last time there was Short class, because of no electricity. Today we continue the topic.
- -We talk about half alien/half human, who touch something it became half., so the community throw him out. But the 2nd week everything what he touch became.....
- -About the language of Holland, we sing a part of dank u song.

December 16, 2020 The Hague, Holland Guru Daju (Sunil Marapin)



