



# SHRI SANJAY SAI SOUL BLOSSOM

**National Youth SSSSB class (age: 14+ and Active students)**

Program 1, National Soul Blossom class **Saturday, November 28, 2020 from 6:30- 8:00 pm**

For age group: **15 year and older & for active students**

Gurus: Naresh Uncle and Guru Daju (Sunil MARAPIN).

01 Opening: Pray for Bhagawan Shri Sanjay Sai Baba:

Aum Shri Sanjay Sairam

With love and humility, we dedicate today's program at Thy lotus feet.

Swami, be with us and guide us in the process to realise the eternal blessing.

ॐ श्री सञ्जय साईराम,

हामी आजको कार्यक्रम स्नेह तथा नम्रता पूर्वक हजुरको चरण कमलमा समर्पण तथा अर्पण गर्दछौं ।

स्वामी, हाम्रो साथमैरहेर पथप्रदर्शकभई निरन्तर आशिर्वाद तथा कृपा बक्सियोस ।

3 x Aum & 1 x Sri Sanjay Sai Baba Gayatri Mantra:

Aum, Sai Thrayaaya Vidmahe

Sanjay Babaya Dheemahi

Tanna Sarva Prachodayath.

1 x Ganesh Mantra:

Bakra Tunda Mahakaya , Suryakoti Samaprabha,

Nirbighnam Kurume Devo, Sarva Karya Su Sarvada

1 x Guru Mantra:

Guru Brahma Guru Vishnu, Guru Deva Maheshwor,

Guru Sakshat Param Brahma, Tasmai Shree Guruve Namah

2: Last update, questions and experience after practising the SSSSB values

3: Activity (one or more of the following activities: Questions, Value stories, Value games, Value Drawings, Bhajans, Value Song, Drama, etc. etc.)

- Topic 1: **Introduction & About this class**

- Topic 2: **The current situation in the world, our Organization and our opportunities**

04a: Heart-work to do (Send on the class day: 10 points. The next day: 5 points. After the next day, 2 points).

-Make a short summary (5 till 10 lines) of today's SSSSB class

04b: Heart-work to practice. Practice the values of the months till now

"Speak Politely and Lovingly", "Gratitude to Mother Earth", "Speak the truth" and "Act righteous"

5: Closing

Bhagawan Sri Sanjay Sai Aarati (With Audio sound. We don't have to get up)

3 x Samasta Jiwa Sukhino Bhawantu

Aum Shanti, Shanti, Shanti

We are forever grateful to you Bhagawan for your blessings and grace. Twam Saranam Mama

भगवान हजुरको शोभनिय आशिर्वाद तथा कृपाकोलागी हामी सदासर्वदा आभारी तथा कृतज्ञ छौं । त्वम शरणम ममः

Jai Bolo Bhagawan Shri Sanjay Sai Baba Ji Ki Jai (1x)

===END===



**Our gratitude to Bhagawan Baba  
for Showing us the path.  
Twam Sharanam Mama.**





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## Summary

### Students

01-Shikshya Rijal (17)

02-Nobel DEVKOTA

03-Suprem Sen THAKURI

04-Aakriti SUBEDI(15)

Rashu-gr8

Suweksha-gr8

Shristi-gr10

Garima Panday-gr8

Sabina-gr9

Babika-gr8

Sarika-gr8

Suva-gr12

Pranzal Thapa-gr9

Raj Dhungel

Prabesh

Rose Dhungel

Dr Triveni

Aditi Bhandi-gr7

Aneesha Thapa

### Coordinator & team:

Coordinator: Reshma Ma'am (Reshma Rijal),

Support: Guru Daju (Sunil Marapin from Holland)

Support / guest: Meena Ma'am (Meena Rijal),

Support / guest: Gita Ma'am (Gita Gautam),

### Summary

We talk about

- The reason to start with a national youth class and also why active youth from other SB classes are also welcome.
- About the unique time, we are living now, with Avatar Bhagawan Baba with us.
- The important role we can play in today's world, where peace, love, etc is so necessary, we can be a role model

### Twam Sharanam Mama

November 28, 2020

The Hague, Holland

Guru Daju



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Twam Sharanam Mama.**

