



SHRI SANJAY SAI SOUL BLOSSOM

SSSVM Grade 4 and Grade 5

Program 1st SSSSB Class 4+5, **Saturday, November 28, 2020 from 1:30 to 2:30 PM**
Gurus: Meena Ma'am, Guru Daju (Sunil Marapin). (From January 2021 Chithra Amma will Join)

01 Opening: Pray for Bhagawan Shri Sanjay Sai Baba:

Aum Shri Sanjay Sairam

With love and humility, we dedicate today's program at Thy lotus feet.

Swami, be with us and guide us in the process to realise the eternal blessing.

ॐ श्री सञ्जय साईराम

हामी आजको कार्यक्रम स्नेह तथा नम्रतापुर्वक हजुरको चरणकमलमा समर्पण तथा अर्पण गर्दछौं । स्वामी हाम्रो साथमैरहेर पथप्रदर्शकभई निरन्तर आशिर्वाद तथा कृपा बक्सियोस।

3 x Aum & 1 x Sai Gayatri Mantra:

Aum, Sai Thrayaaya Vidmahe

Sanjay Babaya Dheemahi

Tanna Sarva Prachodayath.

1 x Ganesh Mantra:

Bakra Tunda Mahakaya , Suryakoti Samaprabha,

Nirbighnam Kurume Devo, Sarva Karya Su Sarvada

1 x Guru Mantra:

Guru Brahma Guru Vishnu, Guru Deva Maheshwor,

Guru Sakshat Param Brahma, Tasmai Shree Guruve Namah

02: Last update, questions and experience after practising the SSSSB values

03: Activity (one or more of the following activities: Questions, Value stories, Value games, Value Drawings, Bhajans, Value Song, Drama, etc. etc.)

- Introduction and about Soul Blossom classes

- Guru daju wil ask you about interesting things from Nepal and tell you in short about Holland (a small country in Europa)

4: Heart-work for next lesson

Practice the November month value: **Let's always speak the truth**

5: Closing

Bhagawan Sri Sanjay Sai Aarati (With Audio sound. We don't have to get up)

3 x Samasta Jiwa Sukhino Bhawantu

Aum Shanti, Shanti, Shanti

We are forever grateful to you Bhagawan for your blessings and grace. Twam Saranam Mama

भगवान हजुरको शोभनिय आशिर्वाद तथा कृपाकोलागी हामी सदासर्वदा आभारी तथा कृतज्ञ छौं । त्वम शरणं मम:

Jai Bolo Bhagawan Shri Sanjay Sai Baba Ji Ki Jai (1x)

==END==



**Our gratitude to Bhagawan Baba
for Showing us the path.
Twam Sharanam Mama.**





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SSSVM Grade 4 and Grade 5

Summary 1st SSSSB class, Grade 4+5 SSSVM (28th Nov 2020)

On the date of 28th Nov 2020 we had the first Soul Blossom class for 2+3. Guru Daju (Sunil Marapin) from Holland is Coordinator and Guru SSSSB is conducting the class.

We Gurus from Nepal Gita Ma'am (Gita Gautam), Meena Ma'am (Meena Rijal) were also in the class.

The students participated and enjoyed the class.

First of all opening from pray to Bhagwan Baba, Gyatri Mantra, Ganesh Mantra and Guru Mantra after that this was the first lesson so we our self and the students introduce themselves.

We introduced about the Soul Blossom like what is the soul blossom?

Why this class is important in life? What is the benefit will get from the class?

This type of sharing we did in the class and also talked about the why discipline is important in the student life and daily life.

We talked about the values like be honest, speak the truth, be most discipline every moment, respect the elders and love the younger.

We talked now in coming lesson we have the different programme in the class like Story, Drawing, Bhajan, Mantra etc.

Guru Daju introduced the Holland by showing different pictures of Holland.

The students enjoyed and learnt about the place.

We talked about the value like always speak the truth.

At the end we closed the programme by Arati of Bhagwan Baba, praying closing mantra and Thank giving to Swami.

Present: About 20 students

December 1, 2020

Balkot, Nepal

Meena Ma'am (Meena RIJAL)



**Our gratitude to Bhagawan Baba
for Showing us the path.
Twam Sharanam Mama.**

