



SHRI SANJAY SAI SOUL BLOSSOM

Siddhi-Meg-Noble House Junior2 + Youth1

Program 21 SSSSB class Siddhi-Meg-Noble House Junior2+Youth1, Saturday Oct. 17, 2020 from 11 to 12
Junior1: 5-9 years old, Junior2: 10-14 years old, Youth1: 15-19 years old, Youth2: 20-28 years old

Note: Always speak the truth, in October you will get 100 points for speaking the truth. For every lie, 10 points will be deducted. (If you lie, de gurus will not ask you for what you lie, off course you can share, but only if you want)

Gurus: Rama Ma'am

01 Opening:

Pray for Bhagawan Shri Sanjay Sai Baba:

Aum Shri Sanjay Sairam

With love and humility, we dedicate today's soul blossom classes at Thy lotus feet.

Swami, be with us and guide us in the process to realise the eternal education

ॐ श्री सञ्जय साईराम

हामी आजको आत्मा विकशित कक्षा स्नेह तथा नम्रता पूर्वक हजुरको चरण कमलमा समर्पण तथा अर्पण गर्दछौं ।

स्वामी, हाम्रो साथमै रहेर पथप्रदर्शकभई यस अनन्त तथा निरन्तर शिक्षा प्रकृत्यालाई साकार पारिबक्सियोस् ।

3 x Aum & 1 x Sai Gayatri Manta:

Aum, Sai Thrayaaya Vidmahe

Sanjay Babaya Dheemahi

Tanna Sarva Prachodayath.

1 x Ganesh Mantra:

Bakra Tunda Mahakaya, Suryakoti Samaprabha,

Nirbighnam Kurume Devo, Sarva Karya Su Sarvada

1 x Guru Mantra:

Guru Brahma Guru Vishnu, Guru Deva Maheshwor,

Guru Sakshat Param Brahma, Tasmai Shree Guruve Namah

02: Last update, questions and experience after practising the SSSSB values

03: Activity: (one or more of the following activities: Questions, Value stories-games-drawings-song etc. etc.)

Open program, first class with Rama Ma'am

(-Topic: Study pressure; How to study effective & How to handle with study stress)

04: Heart-work for next lesson:

Practice the October month value: Gratitude to Mother Earth + Speak the truth

05: Closing

Bhagawan Shri Sanjay Sai Aarati (with audio sound)

3 x Samasta Jiwa Sukhino Bhawantu

Aum Shanti, Shanti, Shanti

We are forever grateful to you Bhagawan for your blessings and grace. Twam Saranam Mama

भगवान हजुरको शोभनिय आशिर्वाद तथा कृपाकोलागी हामी सदासर्वदा आभारी तथा कृतज्ञ छौं । त्वम शरणम ममः

=== end ===



**Our gratitude to Bhagawan Baba
for Showing us the path.
Twam Sharanam Mama.**





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Siddhi-Meg-Noble House Junior2 + Youth1

Students of our SSSSB youth class Meg:

01-Eshika Tamang

02-Ram Phuyal

03-Laxman Phuyal

04-Nabin Darji

05-Fal Roka

06-Lila Roka

07-Raju Tamang

08-Binita Sundas

09-Sita Nepali

Coordinator, Gurus (teachers) & team:

v Guru Daju (Sunil Marapin from Holland) Coordinator of SSSSB classes Meg-Siddhi Home

Meghna Didi (Meghna Shrestha), Assistant teacher of SSSSB classes Meg-Siddhi Home

Meena Ma'am (Meena Rijal), Coordinator of SSSSB class Balkot, Teacher SSSVM

Sanchita Amma (Sanchita Koirala from Australia) Coordinator of SSSSB classes Australia

v Naresh Uncle Coordinator of SSSSB class Youth Katunje

v Rama Ma'am Coordinator of SSSSB class Kids Katunje, teacher SSSVM

Gita Ma'am (Gita Gautam), Guru of SSSSB class Balkot & teacher of SSSVM

v Laxman Phuyal, Support

Jenisha Shrestha, Support

Summary of the 21th SSSSB Kids class Siddhi-Meg-Noble House, Saturday October 17, 2020 from 10-10:50 am

Rama Ma'am was not available,

Guru Daju did the class together with Suweksha Didi and Rashu Didi.

The students ask about their experience in SSSVM school

Also noble house students ask about the difference of SSSVM and other schools

Suweksha and Rashu sing also bhajans.

(About study how to handle with Study (pressure) we will talk next time)

October 17, 2020

The Hague, Holland

Guru Daju (Sunil Marapin)



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