

SHRI SANJAY SAI SOUL BLOSSOM

October month focusing value

Loving Salutations at the divine lotus feet of our dearest
Bhagawan Shri Sanjay Sai Baba

Dearest Prema Putras of Soul blossoms, loving Sairams to each one of you.

- Shakti is the form of bioenergy who is constantly engaged in doing good to the entire universe. Gayathri Matha is the one who protects the life.
October month we will be celebrating Navrathri and Dassera.
- **Devi Ma** is Prana, Vyana, Apana, Samana and Udana as explained in the Prasnopanishad.
- Let us all practice the October month focusing value

"Gratitude to Mother Earth" 🌍

Along with September month focusing value "Speak Politely" and "Lovingly".

॥ Twam Sharanam Mama ॥

Examples from students and gurus to be gratitude to Mother Earth

01a: Pray for Bhagawan Baba:

Loving Pranams at the Lotus Feet of our Dearest Bhagawan Shree Sanjay Sai Baba.

Dear Bhagawan Baba, we offer today's class at thy lotus feet.

Please Guide us and Guard us to realize eternal education.

01 b. Opening:

3 x Aumkaar

3 x Sai Gayathri Manta:

Aum,

Sai Thrayaya Vidhmahe

Sanjay Babaya Dheemahi

Tanna Sarva Prachodayath.

1 x Ganesh Mantra:

Bakra Tunda Mahakaya

Suryakoti Samaprabha,

Nirbighnam Kurume Devo

Sarva Karya Su Sarvada



**Our gratitude to Bhagawan Baba
for Showing us the path.
Twam Sharanam Mama.**





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1 x Guru Mantra:

Guru Brahma Guru Vishnu,
Guru Deva Maheshwara,
Guru Saakshyat Param Brahma,
Tasmai Shree Guruve Namah

3 x Gayathri Manta: Altogether

Aum,
Bhur Bhuwa Swaha
Tat Sa Vitur Varenyam
Bhargo Devashya Dhimahi
Dhiyo Yonah Prachodayat

Shanti Shanti Shanti

02. Do not waste water and food; take care of animals; reduce refuse; try not to use disposable plastics.

03: PPT Mahisasur Mardini

04: Guided Meditation: By Chithra Amma

05: CONCENTRATION GAME
Game by SANCHITA AUNTIE

06: PPT on Peace

07: Bhajan and Chant

07a. Jaya Durga Laxmi Saraswati
Sai Jagan Maata
Sai Jagan Maata Mam Pahi Jagan Maata
Sai Jagan Maata Mam Pahi Jagan Maata

Meaning: Glory to Durga, Lakshmi, Saraswati and Sai; Sai, Divine Mother Of The Universe, Protect Me.

07b. Omkaaram Bindu Samyuktam- Nityam Dhyaayanti Yoginah
Kamadam Mokshyadam Chaiva Omkaaraaya Namoh Namah!!!



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Meaning: Salutation to Him who resides in the spiritual "HEART CENTER" as Omkaara, on whom yogis constantly meditate. The one who grants all desires and also Liberation to HIS devotees. Salutation to SHIVA who is represented by syllable OM.
SADAKSHARA mantra's first syllable is: "**OM**-NA-AM-SHI-VA-YA"

08: Heart-work for next lesson

Practicing Peace and Silence

09: Closing

= 3 x Aumkaar

= 3 x Samasta Jiwa Sukhino Bhawantu

= Om Shanti, Shanti, Shanti

= Bhagwan Sri Sanjay Sai Aarati

Om Jaya Sanjay Baba

Swami Jai Sanjay Baba

(Satya Sanaatana Nirmala) X2

Hey Jaga Ke Data

Om Jaya Sanjay Baba

Sumadhura Sundara Vaibhava

Kamala Daley Kshyana Hey

Swami Kamala Daley Kshyana Hey

(Kaashayaambara Dhaarana) X2

Pankaja Charana Namoh

Om Jaya Sanjay Baba

Parama Dhaama Parameshwara Paramaananda Namoh

Swami Paramaananda Namoh

(Parama Puja Saishwara) X2



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Aatmaa Nanda Namoh

Om Jaya Sanjay Baba

Laxmi Narayana Murti Shubha Daayaka Bhagawan

Swami Shubha Daayaka Bhagawan

(Sakala Jagata Ke Rakshyaka) X2

Mangalakara Prabhu Hey

Om Jaya Sanjay Baba

Om Jaya Sanjay Baba

Swami Om Jaya Sanjay Baba

Satya Sanaatana Nirmala

Satya Sanaatana Nirmala

Hey Jaga Ke Data

(Om Jaya Sanjay Baba) X3

10: Paramam Pavitram Baba Vibhutim

Paramam Vichitram Lila Vibhutim

Paramartha Ishtaartha Mokshya Pradaanam

Baba Vibhuti Idam Aashrayaami

Sanjay Baba's Vibhuti Idam Aashrayaami

11: Thank Bhagawan Baba:

Thank you Bhagawan Baba for guiding us.

Twam Sharanam Mama



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October month focusing value

==== End ====



**Our gratitude to Bhagawan Baba
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Twam Sharanam Mama.**

