

# SHRI SANJAY SAI SOUL BLOSSOM

**Program 07 SSSSB class Katunje youth, Saturday 12 September 2020 from 16:00 till 17:00**

## **Pray for Bhagawan Baba:**

Loving Pranams at the lotus feet of our dearest Bhagawan  
Dear Bhagawan Baba, we offer today's class at thy lotus feet.  
Please Guide us and Guard us to realize eternal education.

## **भगवान बाबालाई प्रार्थना:**

हाम्रो प्रिय भगवानको चरण कमलमा प्रेमपूर्वक प्रणाम ।  
भगवान बाबा हामी आजको कक्षा हजुरको चरण कमलमा निवेदन गर्दछौं ।  
कृपया पथप्रदर्शक र रक्षकभई हाम्रो यो अनन्त तथा निरन्तर शिक्षा साकार पारिबक्सियोस ।

## **01 Opening:**

3 x Aum

3 x Sai Gayathri Manta:

Aum,

Sai Thrayaya Vidhmahe

Sanjay Babaya Dheemahi

Tanna Sarva Prachodayath.

1 x Ganesh Mantra:

Bakra Tunda Mahakaya

Suryakoti Samaprabha,

Nirbighnam Kurume Devo

Sarva Karya Su Sarvada

1 x Guru Mantra:

Guru Brahma Guru Vishnu,

Guru Deva Maheshwor,

Guru Sakshat Param Brahma,

Tasmai Shree Guruve Namah

## **02: Last update, questions and experience after practising the SSSSB values**

02a Last SSSSB news and your questions

02b After practicing SSSSB values, lets share our experience

**03: Activity** (one or more of the following activities: Questions, Value stories-games-drawings-song etc. etc.)

**Topic of Saturday and heart-work.** Topic: Parents/ Carers / Guardians

PowerPoint presentation Naresh Uncle

H-w question 7.1: What good things have your parents / Carers / Guardains done for you so far?

H-w question 7.2: What have you done for your parents / Carers / Guardains so far?

H-w question 7.3: What else are you planning to do for your parents / Carers / Guardains in future?

## **04: Heart-work for next lesson & questions**

Monthly Value + ...



**Our gratitude to Bhagawan Baba  
for Showing us the path.  
Twam Sharanam Mama.**



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## 05: Closing

= 3 x Aum

= Aum Shanti, Shanti, Shanti

= Bhagwan Sri Sanjay Sai Aarati

Jaya Sanjay Baba, Om Jaya Sanjay Baba  
(Satya Sanaatana Nirmala) X2  
Hey Jaga Ke Data  
Om Jaya Sanjay Baba

Sumadhura Sundara Vaibhava  
Kamala Daley Kshyana Hey, Swami Kamala Daley Kshyana Hey  
(Kaashayaambara Dhaarana) X2  
Pankaja Charana Namoh  
Om Jaya Sanjay Baba

Parama Dhaama Parameshwara,  
Paramaananda Namoh, Swami Paramaananda Namoh  
(Parama Puja Saishwara) X2  
Aatmaa Nanda Namoh  
Om Jaya Sanjay Baba

Laxmi Narayana Murti,  
Shubha Daayaka Bhagawan, Swami Shubha Daayaka Bhagawan  
(Sakala Jagata Ke Rakshyaka) X2  
Mangalakara Prabhu Hey  
Om Jaya Sanjay Baba

Om Jaya Sanjay Baba Swami Om Jaya Sanjay Baba  
Satya Sanaatana Nirmala Satya Sanaatana Nirmala  
Hey Jaga Ke Data  
(Om Jaya Sanjay Baba) X3

= 3 x Samasta Jiwa Sukhino Bhawantu

= Aum Shanti, Shanti, Shanti

## Thank Bhagawan Baba:

Thank you Bhagawan Baba for guiding us.  
Twam Sharanam Mama

===== End =====



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# SHRI SANJAY SAI SOUL BLOSSOM

Students of our Soul Blossom Youth Class Katunje:

v-01-Rose, she is sharing food

v-02-Sumu, she is friendly with others

v-03-Raj, he is very funny and respect elderly

v-04-Suvam, he is studies very well

05-Swayeksha, the way she makes the activities or work understandable is very interesting

06-Pranjol, he is talking new things

07-Prabesh, he studies very hard

Gurus (teachers) & team of our Soul Blossom Youth Class:

v-Guru Daju (Sunil MARAPIN, from Holland) &

v-Naresh Uncle (Naresh DHUNGEL): Coordinators youth class

Rama Aunty (Rama DHUNGEL, Coordinator SSSSB Kids class), Our Mantra, Bhajans and Prayers teacher

v-Meena Mam (Meena RIJAL, Coordinator SSSSB class Balkot), Guest

v-Reshma Madam (Reshma RIJAL), Coordinator of SSSSB class Dang, Guest

Summary of the lesson 7<sup>th</sup> SSSSB class Katunje youth on September 12, 2020:

Naresh Uncle make a PowerPoint presentation.

We talk about the previous lesson(s) and how important it is to practice the values.

Because of power cut we could not continue the program.

Parents topic we will do other time

September 12, 2020

The Hague, Holland

Guru Daju (Sunil Marapin)



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Twam Sharanam Mama.**

