



SHRI SANJAY SAI SOUL BLOSSOM

SSSSB Class SSSVM grade 9

Program 12th SSSSB class SSSVM class 9, Wednesday 16 September 2020 from 2:05 till 14:55

Request to students: Turn on your camera & Let's get more out of the SB-class by participating more actively (asking questions, answering questions etc.)

Pray for Bhagawan Baba:

Loving Pranams at the lotus feet of our dearest Bhagawan

Dear Bhagawan Baba, we offer today's class at thy lotus feet.

Please Guide us and Guard us to realize eternal education.

01 Opening:

3 x Aum

3 x Sai Gayathri Manta:

Aum,

Sai Thrayaya Vidhmahe

Sanjay Babaya Dheemahi

Tanna Sarva Prachodayath.

1 x Ganesh Mantra:

Bakra Tunda Mahakaya

Suryakoti Samaprabha,

Nirbighnam Kurume Devo

Sarva Karya Su Sarvada

1 x Guru Mantra:

Guru Brahma Guru Vishnu,

Guru Deva Maheshwor,

Guru Sakshat Param Brahma,

Tasmai Shree Guruve Namah

02: Last update, questions and experience after practising the SSSSB values

02a Last SSSSB news and your questions (t-shirt, Points bhajan>today, youth meeting> Saturday 11:30-12:30)

02b After practicing SSSSB values, lets share our experience

03: Activity (one or more of the following activities: Questions, Value stories-games-drawings-song etc. etc.)

Topic today: What is the sequence of our (daily) activity / plans.

Hamro (dainika) gatividhi/yojanaharuko anukrama ke ho?

If we have enough time to spare, we are going to talk about schools and students in Holland.

Note: topic Parents/ Carers / Guardians, we will do when more students sent their h-w

examples

01: You wake up in the morning, what is first thing what you do? Mobile/ pray-meditation

02: I'm going to work very hard, and when i have everything (house, car, family, etc. etc.) i will do sewa ,

03: Now i am students, i don't have enough for myself, how can i help others?

04: I am so young, pray, sewa is for old peoples. Later if I am old i will do these things

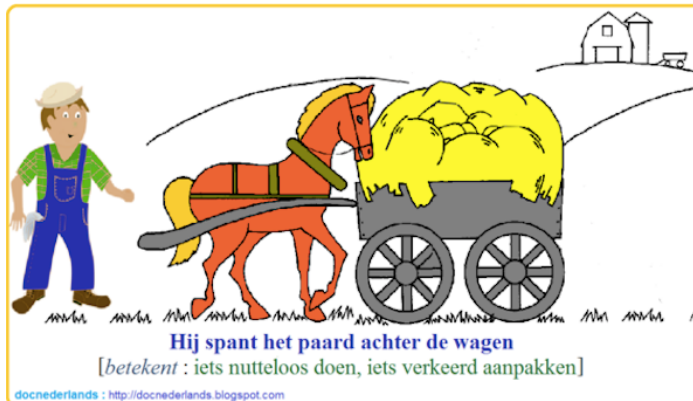
05: Later I will take care very good of my parents

06: What good things can i do in my own, it has no influence if other do not participate.



**Our gratitude to Bhagawan Baba
for Showing us the path.
Twam Sharanam Mama.**





04: Heart-work for next lesson

September Month Value(s): Speak Politely and Lovingly + ...

05: Closing

Ohm,

3 x Samasta Jiwa Sukhino Bhawantu

Aum Shanti, Shanti, Shanti

Thank you Bhagawan Baba for guiding us.

Twam Sharanam Mama

Summary of the 12 SB class from Wednesday, September 16, 2020:

- We talk about the important to use our time good. Do important thing first.
- be careful with mobile, mobile games etc. etc. Do first important and useful things and delate negative things.
- Do Something from your parents what bring them closer to the goal of life. (spiritual closer to God)
- We talk about the education system of Holland, the change due economic develop, almost everything came better compare with the past. 1 important thing in a lot of students also change, the characters are not so pure more. These give a lot of problems, its very difficult for parent, and the governments to control the students. They give a lot of problem. A grade solution is soul blossom. You are also important for other students worldwide.



**Our gratitude to Bhagawan Baba
for Showing us the path.
Twam Sharanam Mama.**

