SHRI SANJAY SAI SOUL BLOSSOM

Balkot class

Program 10 SSSSB class Balkot, Saturday 12 September 2020 from 14:00 till 15:00

01 Opening / कार्यक्रमको शुभारम्भ:-

Pray for Bhagawan Baba / भगवान बाबालाई प्रार्थना

Loving Pranams at the lotus feet of our dearest Bhagawan, Bhagawan Baba, we offer today's class at thy lotus feet. Please Guide and Guard us to realize eternal education.

हाम्रो प्रिय भगवानको चरण कमलमा प्रेमपुर्वक प्रणाम । भगवान बाबा हामी आजको कक्षा हजुरको चरण कमलमा निवेदन गर्दछौं । कृपया पथप्रदर्श क र रक्षकभई हाम्रो यो अनन्त तथानिरन्तर शिक्षा साकार पारिबक्सियोस ।

3x Om karams,/ तीन पटक ॐ कारको उच्चारण

3x Sai Gayathri / साई गायत्री

Aum Sai Thrayaya Vidhmahe
Sanjay Babaya Dheemahi
Tanna Sarva Prachodhayath.

ॐ साईत्रयाय विदमहे
सञ्जय बाबाय धिमही
तन्न: सर्व प्रचोदयात ।।।

Ganesh mantra / गणेश मन्त्र
Bakra tunda mahakaya
suryakoti samaprabha,
Nirbighnam kurume devo
sarva karya su sarvada

बक्रतुण्ड महाकाय सुर्यकोटी समप्रभ,
निर्विघ्नमं कुरुमे देव सर्व कार्य सु सर्वदा ।

Guru mantra / गुरु मन्त्र
Guru brahma guru vishnu guru deva maheshwor,
guru sakshat param brahma tasmai shree guruve namah

गुरु ब्रह्मा गुरु बिष्णु, गुरु देव महेश्वर,
गुरु साक्षात परम ब्रह्म तस्मै श्री गुरुवे नम :

02: New students, questions, previous classes. Experience after practicing the values

03: Activity: Value story, Value drawing, Value bhajans, Value games etc. etc.
We talk and ask question about the story (Prem forgot to give pencil back)

Bhajan 1:

Jaya Jaya Jaya Gana Nayaka,
Jaya Jaya Bighna Vinasaka,
Jaya Shubha Mangal Dayaka,
Bidhya Buddhu Pradayaka
Gaja Vadanaa, Gauri Nandana X2
Gangadhara Shiva, Shambho Nandana X2
Jaya Jaya Jaya Gana Nayaka (Fast)

जय जय जय गण नायक,
जय जय विघ्न विनाशक
जय शुभ मङ्गल दायक

विद्धा बुद्धी प्रदायक
गज वदना, गौरी नन्दन (२)

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Balkot class

गंगाधर शिव, शम्भो नन्दन (२)

जय जय जय गण नायक ।

Bhajan 2:

Om Tatsat Shree Narayan Tu, Purushottam Guru Tu,

Siddha Buddha Tu Skanda Vinayaka savita Pawak Tu.

Brahma Mazada Tu Yahowa Shakti Tu Yashu Pita Prabhu Tu.

Rudra Vishnu Tu, Ram Krishna Tu, Rahim Tawo Tu .

Vashu Dev Go Vishwo Rupa Tu , Chidananda Hari Tu,

Aditwiya Tu Akaal Nirvaya , Aatma Linga Shiva Tu, Sai Aatma Linga Shiva Tu, Sai Aatma Linga Shiva Tu,

Om Tatsat Shree Narayan Tu, Prushottam Guru Tu....

ॐ तत्सत श्री नारायण तु, पुरुषोत्तम गुरु तु,

सिद्ध बुद्ध तु स्कन्द विनायक, सविता पावक तु,

ब्रह्म मजद तु, यहोवा शक्ति तु, यशु पिता प्रभु तु,

रुद्र बिष्णु तु, राम कृष्ण तु, रहिम तावो तु,

वासुदेव गो विश्वरुप तु, चिदानन्द हरी तु,

अद्वीतिय तु, अकाल निर्भय आत्म लिङ्ग शिव तु,

साई आत्म लिङ्ग शिव तु,साई आत्म लिङ्ग शिव तु,

ॐ तत्सत श्री नारायण तु, पुरुषोत्तम गुरु तु,

04 Heart-work (Homework) for coming lessons:

- Values to practice in the month of September 2020: Speak politely and Lovingly
- Make a value drawing about today's class and value of the month.
- You can practice a song / Bhajan.

05 Closing / कार्यक्रमको अन्त्यमा

3x Om karam / ३ पटक ॐ कारम मन्त्र

Shanti, Shanti, Shanti

पटक:- ॐ शान्ती, शान्ती शान्ती ।

Jaya Sanjay Baba, Om Jaya Sanjay Baba
(Satya Sanaatana Nirmala) X2
Hey Jaga Ke Data
Om Jaya Sanjay Baba

Sumadhura Sundara Vaibhava
Kamala Daley Kshyana Hey, Swami Kamala Daley Kshyana Hey
(Kaashayaambara Dhaarana) X2
Pankaja Charana Namoh
Om Jaya Sanjay Baba

Parama Dhaama Parameshwara,
Paramaananda Namoh, Swami Paramaananda Namoh
(Parama Pujya Saishwara) X2
Aatmaa Nanda Namoh
Om Jaya Sanjay Baba

Laxmi Narayana Murti,
Shubha Daayaka Bhagawan, Swami Shubha Daayaka Bhagawan
(Sakala Jagata Ke Rakshyaka) X2
Mangalakara Prabhu Hey
Om Jaya Sanjay Baba

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Balkot class

Om Jaya Sanjay Baba Swami Om Jaya Sanjay Baba
Satya Sanaatana Nirmala Satya Sanaatana Nirmala
Hey Jaga Ke Data
(Om Jaya Sanjay Baba) X3

3x Samasta jiwa Sukhino bhawantu

३ पटक : समस्त जिवा सुखिनो भवन्तु ।
Om Shanti, Shanti, Shanti

३ पटक:- ॐ शान्ती, शान्ती शान्ती ।

Thank you to Bhagawan Baba / भगवान बाबालाई धन्यवाद दिने:-

Thank you Bhagawan Baba for guiding us.
TWAM SHARANAM MAMA

भगवान बाबा हजुरलाई धन्यवाद छ ।

भगवान बाबा हामीहरुको पथप्रदर्शक भईबक्सेकोमा धन्यवाद छ ।

त्वम शरणमं मम:

=== End ===

Students of our SSSSB class Balkot:
v-01-Bibhuti Raut (8)
02-Grishav Raut (6)
v-03-Suresh Rawat (9)
v-03-Sita Rawat (4)
v-05-Rayan Raut (6)
v-06-Hardik Dahal (8)

Teachers / Gurus team:
v-Meena Ma'am (Meene Rijal) Coordinator of SSSSB class Balkot, Bhaktapur,
v-Gita Ma'am (Gita Gautam) Assistant SSSSB class Balkot, Bhaktapur,
v-Guru Daju (Sunil Marapin) from Holland (The Netherlands), Host and Support
Reshma Ma'am (Reshma Rijal), Coordinator of SSSSB class Dang Support

Summary of the lesson 10th SSSSB class Balkot on September 12, 2020:
- New student Hardik Dahal has joined
- Activity: We sang the two new Bhajans.
- Guru Daju showed the pictures of Holland and asked easy question and told some basic things about Holland on the basis of the photos.
- Heart-work Practice the value of the month " speak politely and Lovingly ", Draw a picture and note the good things you will be doing the coming week.