



Program of Soul Blossom Class Australia, Youth, Saturday 12th September 2020 from 17:00 till 18:00 (Nepal time)



SHRI SANJAY SAI SOUL BLOSSOM

Loving Salutations at the
divine lotus feet of our dearest
Bhagawan Shri Sanjay Sai Baba



S.S.S.S.B


Dearest Prema Putras of Soul blossoms, loving
Sairams to each one of you.

It is said that **Values** are **caught** and not taught. There are more than **80 values** and **sub values** listed. **Success** of our learning in **Soul blossoms class** in terms of deep impact on the **mind** and **heart** of us depend mainly on how we put in to **practice**. Let's begin with a simple yet powerful act in this **September** month on

"Speak Politely" and "Lovingly"

to everyone starting from our parents and family to extended communities.
Here we go from **Can I To I Can**.
OUR gratitude to Bhagawan Baba for Showing us the path.

Twam Sharanam Mama.



Pray for Bhagawan Baba:

Feedback: We Talked about the techniques and benefits of Aum. Emphasis was given on saying thank you to Bhagwan Shree Sanjay Sai Baba. Then doing Karagrey Vasatey Laxmi before hopping out from the bed. Value talk on Love and Truth / speaking politely and lovingly; their workload contribution to their parents / siblings and their parents love and support was discussed. Learned few chanting, bhajan. Since Dasara is close we are learning Devi Bhajans. Their heart work is learning the chanting. Colouring the Devi's picture. Saying I love you to their parents and showing their love towards the elders. Om Bhagwan Shree Sanjay Sai Babaya Namaha!!!

Loving Pranams At the Lotus Feet of Our Dearest Bhagawan Shree Sanjay Sai Baba.
Dear Bhagawan Baba, we offer today's class At the Lotus Feet.
Please Guide us and Guard us to realize eternal education.

01 Opening:

3 x Aumkaar
3 x Sai Gayathri Manta:
Aum,
Sai Thrayaya Vidhmahe
Sanjay Babaya Dheemahi
Tanna Sarva Prachodayath.

1 x Ganesh Mantra:
Bakra Tunda Mahakaya
Suryakoti Samaprabha,
Nirbighnam Kurume Devo
Sarva Karya Su Sarvada

1 x Guru Mantra:
Guru Brahma Guru Vishnu,
Guru Deva Maheshwara,
Guru Saakshyat Param Brahma,
Tasmai Shree Guruve Namah

3 x Gayathri Manta
Aum,
Bhur Bhuwa Swaha
TatSa Vitur Varenyam
Bhargo Devashya Dhimahi
DhiyoYonah Prachodayat

Sit still for 2-3 seconds Rub your hands, put it against your eyes.

02: Last update, questions and experience after practising the SSSSB values

02a Your questions from last class. What positive things you did, in class and outside class?

02b After practicing SSSSB values, lets share our experience.

03: Activity (one or more of the following activities: Questions, Value stories-games-drawings-song etc. etc.)

More value talk.

Topic of Saturday and heart-work. Topic: Parents/ Carers / Guardians

H-w question 16.1: What good things have your Parents / Carers / Guardians done for you so far?

H-w question 16.2: What have you done for your Parents / Carers / Guardians so far?

H-w question 16.3: What else are you planning to do for your Parents / Carers / Guardians in future?

04: Heart-work for next lesson

Monthly Value + ...

05: Closing

= 3 x Aumkaar

= 3 x Samasta Jiwa Sukhino Bhawantu

= Om Shanti, Shanti, Shanti

= Bhagwan Sri Sanjay Sai Aarati

Om Jaya Sanjay Baba

Swami Jai Sanjay Baba

(Satya Sanaatana Nirmala) X2

Hey Jaga Ke Data

Om Jaya Sanjay Baba

Sumadhura Sundara Vaibhava

Kamala Daley Kshyana Hey

Swami Kamala Daley Kshyana Hey

(Kaashayaambara Dhaarana) X2

Pankaja Charana Namoh

Om Jaya Sanjay Baba

Parama Dhaama Parameshwara Paramaananda Namoh

Swami Paramaananda Namoh

(Parama Pujya Saishwara) X2

Aatmaa Nanda Namoh

Om Jaya Sanjay Baba

Laxmi Narayana Murti Shubha Daayaka Bhagawan

Swami Shubha Daayaka Bhagawan

(Sakala Jagata Ke Rakshyaka) X2

Mangalakara Prabhu Hey

Om Jaya Sanjay Baba

Om Jaya Sanjay Baba

Swami Om Jaya Sanjay Baba

Satya Sanaatana Nirmala

Satya Sanaatana Nirmala

Hey Jaga Ke Data

(Om Jaya Sanjay Baba) X3

07. Vibhuti

Paramam Pavitram Baba Vibhutim

Paramam Vichitram Lila Vibhutim

Paramartha Ishtaartha Mokshya Pradaanam

Baba Vibhuti Idam Aashrayaami

Sanjay Baba's Vibhuti Idam Aashrayaami

Thank Bhagawan Baba:

Thank you Bhagawan Baba for guiding us.

Twam Sharanam Mama

===== End =====