

Program 05 SSSSB class Dang, Saturday 12 September 2020 from 19:00 till 20:00

Pray for Bhagawan Baba:

Loving Pranams at the lotus feet of our dearest Bhagawan
Dear Bhagawan Baba, we offer today's class at thy lotus feet.
Please Guide us and Guard us to realize eternal education.

01 Opening:

3 x Aum

3 x Sai Gayathri Manta:

Aum,

Sai Thrayaya Vidhmahe

Sanjay Babaya Dheemahi

Tanna Sarva Prachodayath.

1 x Ganesh Mantra:

Bakra Tunda Mahakaya

Suryakoti Samaprabha,

Nirbighnam Kurume Devo

Sarva Karya Su Sarvada

1 x Guru Mantra:

Guru Brahma Guru Vishnu,

Guru Deva Maheshwor,

Guru Sakshat Param Brahma,

Tasmai Shree Guruve Namah

02: Last update, questions and experience after practising the SSSSB values

02a Last SSSSB news and your questions

02b After practicing SSSSB values, lets share our experience

03: Activity (one or more of the following activities: Questions, Value stories-games-drawings-song etc. etc.)

Topic of today Saturday and heart-work. Topic: Parents/ Carers / Guardians

Doctor Triveni is guest today. She is working in a Hospital, where she takes care of corona Patients and today is also her birthday. Dr Triveni promises us to answer all your questions. So, prepare your health/Corona questions.

(Note: Program with the topic Parents with the 3 questions we will do next week)

04: Heart-work for next lesson

Monthly Value + ...

05: Closing

= 3 x Aum

= Aum Shanti, Shanti, Shanti

= Bhagwan Sri Sanjay Sai Aarati

= 3 x Samasta Jiwa Sukhino Bhawantu

= Aum Shanti, Shanti, Shanti

Thank Bhagawan Baba:

Thank you Bhagawan Baba for guiding us.

Twam Sharanam Mama



**Our gratitude to Bhagawan Baba
for Showing us the path.
Twam Sharanam Mama.**

