


Loving Salutations at the
divine lotus feet of our dearest
Bhagawan Shri Sanjay Sai Baba


Dearest Prema Putras of Soul blossoms, loving
Sairams to each one of you.

• It is said that **Values** are **caught** and not taught. There are more than **80 values** and **sub values** listed. **Success** of our learning in **Soul blossoms class** in terms of deep impact on the **mind** and **heart** of us depend mainly on how we put in to **practice**. Let's begin with a simple yet powerful **act** in this **September** month on

"Speak Politely" and "Lovingly"
to everyone starting from our parents and family to extended communities.
Here we go from **Can I To I Can**.
OUR gratitude to Bhagawan Baba for Showing us the path.

Twam Sharanam Mama.





Pray for Bhagawan Baba:

Loving Pranams at the lotus feet of our dearest Bhagawan
Dear Bhagawan Baba, we offer today's class at thy lotus feet.
Please Guide us and Guard us to realize eternal education.

भगवान बाबालाई प्रार्थना:

हाम्रो प्रिय भगवानको चरण कमलमा प्रेमपूर्वक प्रणाम ।

भगवान बाबा हामी आजको कक्षा हजुरको चरण कमलमा निवेदन गर्दछौं ।

कृपया पथप्रदर्शक र रक्षकभई हाम्रो यो अनन्त तथा निरन्तर शिक्षा साकार पारिबक्सियोस ।

01 Opening:

3 x Aumkaar

3 x Sai Gayathri Manta:

Aum, Sai Thrayaya Vidhmahe

Sanjay Babaya Dheemahi

Tanna Sarva Prachodayath.

1 x Ganesh Mantra:

Bakra Tunda Mahakaya

Suryakoti Samaprabha,

Nirbighnam Kurume Devo

Sarva Karya Su Sarvada

1 x Guru Mantra:

Guru Brahma Guru Vishnu,

Guru Deva Maheshwor,

Guru Sakshat Param Brahma,

Tasmai Shree Guruve Namah

===today present===

Students of our SSSSB class Dang:

02-Pari Pokharel

03-Prabhu Pokharel

04-Ishan Acharya

06-Shikshya Rijal Welcome Shikshya in our Soul Blossom class Dang

Teachers / Gurus team:

Reshma Madam (Reshma Rijal), Coordinator of SSSSB class Dang
Guru Daju (Sunil Marapin) from Holland (The Netherlands), Host and Support
Meena Madam (Meene Rijal) Coordinator of SSSSB class Balkot, Bhaktapur, Support
===today present===

02: Last update & questions

02a Update SSSSB (Sri Sanjay Sai Soul Blossom) last news & general info. Welcome Shikshya

02b Questions and experience after practicing SSSSB values?

03a: Activity: We will discuss about our Role Model(s). Do you have a role model? Why this person is your Role Model?

You don't have to send your answer, but think about, in the class we will talk about.

Wikipedia: "A **role model** is a person whose behaviour, example, or success is or can be emulated ("copy") by others, especially by younger people"

03b: Story: Guru daju will briefly tell a true story about a poor boy who became world famous and is still respected.

04a: Two Bhajan / song: Gauri Ganesh Uma Ganesh & Gopala Gopala Nacho Gopala

Gauri Ganesh Uma Ganesh

Parvathi Nandana Shree Ganesh

Sharanam Ganesh Sharanam Ganesh

Shiva Nandana Ganapathi Ganesh (Jai)

Gopala Gopala Nacho Gopala

Nacho Nacho Sai Nandalala

Ruma Jhuma Ruma Jhuma Nacho Gopala

Nacho Nacho Sai Nandalala

04b: Heart-work for next week

05: Closing

3 x Aumkaar

3 x Samasta Jiwa Sukhino Bhawantu

Om Shanti, Shanti, Shanti

Bhagwan Sri Sanjay Sai Aarati (lyrics below, please stand up, by the Aarati)

Jaya Sanjay Baba, Om Jaya Sanjay Baba

(Satya Sanaatana Nirmala) X2

Hey Jaga Ke Data

Om Jaya Sanjay Baba

Sumadhura Sundara Vaibhava

Kamala Daley Kshyana Hey, Swami Kamala Daley Kshyana Hey

(Kaashayaambara Dhaarana) X2

Pankaja Charana Namoh

Om Jaya Sanjay Baba

Parama Dhaama Parameshwara,

Paramaananda Namoh, Swami Paramaananda Namoh

(Parama Puja Saishwara) X2

Aatmaa Nanda Namoh

Om Jaya Sanjay Baba

Laxmi Narayana Murti,

Shubha Daayaka Bhagawan, Swami Shubha Daayaka Bhagawan

(Sakala Jagata Ke Rakshyaka) X2

Mangalakara Prabhu Hey

Om Jaya Sanjay Baba

Om Jaya Sanjay Baba Swami Om Jaya Sanjay Baba

Satya Sanaatana Nirmala Satya Sanaatana Nirmala

Hey Jaga Ke Data

(Om Jaya Sanjay Baba) X3

Thank Bhagwan Baba:

Thank you Bhagwan Baba for guiding us.

Twam Sharanam Mama

Students of our SSSSB class Dang:

01-Naitik Rijal

02-Pari Pokharel

03-Prabhu Pokharel

04-Ishan Acharya

05-Aasma Paudel

06-Shikshya Rijal Welcome Shikshya in our Soul Blossom class Dang

Teachers / Gurus team:

Reshma Madam (Reshma Rijal), Coordinator of SSSSB class Dang

Guru Daju (Sunil Marapin) from Holland (The Netherlands), Host and Support

Meena Madam (Meene Rijal) Coordinator of SSSSB class Balkot, Bhaktapur, Support

Summery of the 4th SSSSB class Dang:

- Today we start with the new opening & closing of the program
- Welcome new youth Shikshya and give her information about our SSSSB class
- We talk about our role model
- About the poor boy Abraham Lincoln who became a famous and respected president of USA
- Hear and Hear from Abraham Lincoln

- Today we started with the new opening and closing of the program
- We welcome new youth Shikshya and information her about our SSSSB class
- We talked about our role model
- About the poor boy Abraham Lincoln who became a famous and respected US president by listening to and practicing his mother's advice.
- About the auction amounts to Abraham Lincoln's Hat and Hair