


SHRI SANJAY SAI SOUL BLOSSOM

Loving Salutations at the
divine lotus feet of our dearest
Bhagawan Shri Sanjay Sai Baba




S.S.S.S.B.

Dearest Prema Putras of Soul blossoms, loving
Sairams to each one of you.

- It is said that **Values** are **caught** and not taught. There are more than **80 values** and **sub values** listed. **Success** of our learning in **Soul blossoms class** in terms of deep impact on the **mind** and **heart** of us depend mainly on how we put in to **practice**. Let's begin with a simple yet powerful **act** in this **September** month on
"Speak Politely" and "Lovingly"
 to everyone starting from our parents and family to extended communities.
 Here we go from **Can I To I Can**.
OUR gratitude to Bhagawan Baba for Showing us the path.

Twam Sharanam Mama.



Welcome to Soul Blossom Class, Youth Class, Australia
ABHIGYA SHRESTHA

Feedback: We started the BSSSSBC 05 Australia, with Bhagwan Baba's prayer, followed by three AUMS. Proper way of Alankaar was guided and taught Sanjay Sai Gayatri. The child already knew Vakratunda and Guru Brahmha. She seems to be a very talented child and picked up Karagrey and Ganesh Bhajan very quickly. We talked about Peace, being polite and loving, and agreed on it should start from home. We talked about Bhagwan Baba in between, how he loves His students the most. About holding faith and value of life, how we could be the best in future, at home, at work and for the nation.
Om Bhagwan Shree Sanjay Sai Babaya Namaha!!!

Lesson plan BSSSSBC 05 Australia Kathmandu Dated: 5th September 2020

Pray for Bhagawan Baba:

Loving Pranam At Thy Lotus Feet Of Our Dearest Bhagawan
Dear Bhagawan Baba, We Offer Today's Class At Thy Lotus Feet
Please Guide Us And Guard Us To Realize Eternal Education.



01 Opening:

3 x Aumkaar
3 x Sai Gayathri Manta:
Aum, Sai Thrayaaya Vidhmahe
Sanjay Babaya Dheemahi
Tanna Sarva Prachodayath.

1 x Ganesh Mantra:
Bakra Tunda Mahaakaaya
Suryakoti Samaprabha,
Nirbighnam Kurume Devo
Sarva Karya Su Sarvadaa

1 x Guru Mantra:
Guru Brahma Guru Vishnu,
Guru Deva Maheshwara,
Guru Saakshyaat Param Brahma,
Tasmai Shree Guruve Namaha.

02: Song and Mantra

Mantra, bhajan

Karaagre Vasatey Laxmi
Karamadhye Saraswati
Karamule tu Govinda
Prabhate Kara Darshanam

Gauri Ganesh Uma Ganesh
Paarvati Nandana Shree Ganesh
Sharanam Ganesh Sharanam Ganesh
Shiva Nandana Ganapatti Ganesh

03: TAT TWAM ASI. It will be explained what it means, GOD resides in US. We are all GOD. Children will be asked to sit still in CHIN MUDRA (pointer and thumb joined for meditation). We will talk about our right hand known as TAT - God and left known as Twam – Self, joined together in Namaskaram pose, we need to understand that GOD and I are one. We should remind ourselves that we are DIVINE. We should do good, be good and see good.
Could not teach this today since we discussed the topic on peace.

04: Heart-work

- Love your parents

05: Closing
3 x Aumkaar
3 x Samastha Jiwa Sukhino Bhawantu
Om Shanti, Shanti, Shanti

Bhagwan Sri Sanjay Sai Aarati

Om Jaya Sanjay Baba
Swami Jai Sanjay Baba
(Satya Sanaatana Nirmala) X2
Hey Jaga Ke Data

Om Jaya Sanjay Baba

Sumadhura Sundara Vaibhava
Kamala Daley Kshyana Hey
Swami Kamala Daley Kshyana Hey
(Kaashayaambara Dhaarana) X2
Pankaja Charana Namoh
Om Jaya Sanjay Baba

Parama Dhaama Parameshwara Paramaananda Namoh
Swami Paramaananda Namoh
(Parama Pujya Saishwara) X2
Aatmaa Nanda Namoh
Om Jaya Sanjay Baba

Laxmi Narayana Murti Shubha Daayaka Bhagawan
Swami Shubha Daayaka Bhagawan
(Sakala Jagata Ke Rakshyaka) X2
Mangalakara Prabhu Hey
Om Jaya Sanjay Baba

Om Jaya Sanjay Baba
Swami Om Jaya Sanjay Baba
Satya Sanaatana Nirmala
Satya Sanaatana Nirmala
Hey Jaga Ke Data
(Om Jaya Sanjay Baba) X3

06. Vibhuti
Paramam Pavitram Baba Vibhutim
Paramam Vichitram Lila Vibhutim
Paramartha Ishtaartha Mokshya Pradaanam
Baba Vibhuti Idam Aashrayaami
Sanjay Baba's Vibhuti Idam Aashrayaami

Thank Bhagwan Baba:
Thank you Bhagawan Shree Sanjay Sai Baba for guiding us.
Twam Sharanam Mamah

Please get ready for class tomorrow by 5:00pm. Make sure you have eaten, drank, been to the toilet before you sit for the class. We are trying to teach you to sit still for at least this hour while you are with me. Sit with your legs crossed. If you are uncomfortable with the dress on, make sure you sit with tights on. If you are sitting on a chair, make sure your camera is focused on you. Sit in a quiet place so that there is no disturbance.

We will be learning Bhagwan Shree Sanjay Sai Baba's Arati. This is going to be a GLOBAL PROTOCOL.

Note For Myself: Brilliant student and very powerful upbringing. Very happy that by Blessings of Bhagwan she has come into my life.

OM SHREE SAI RAM

