

## Summary of our 2nd lesson

Lessons number: 002

Saturday, July 11, time:14:00 - 15:00

Heart work (Home work) from the last week :

- Make a drawings

Teachers / Gurus:

Meena Guru Aama

Gita Guru Aama

Guru Daju

Summery of the lesson:

Namaste and Sairam Students In the second lesson

First of all we greetings each other and started with mantras Om karam, Gyatri mantra, Ganesh mantra and Guru mantra Then we asked about the last lesson for the reminder and gave the time for the children if they have any questions for the Gurus.

Then Guru Daju conducted the Game like giving the sign about the Gods like Ram- to show the action of Bow and arrow, Krishna - showing the fingers like flute, Buddha- by keeping both hand on the chest and Jesus - spreading the both hand on side. so, played as the game and those who does the mistake that person will be out.

Then we sang the Bhajans and enjoyed .

Suresh shared that he helped his mother and mother became very happy.

At last we end the class by mantras om karam, samast jiwa and sarwesam swosthir bhawati and 3 times om shanti .

After the class Gita Guruaama told the story of Lock down and positivity, the children drawn some drawing, colored it and again they have taken the paper for the drawing for the Heart work. Guru aama gave sweet to the children, then the children went home happily.

Heart work (Home work) for coming lessons :

- Write all positive things you did coming week.
- Make a drawing
- Learn a bhajan