

program & Summary of our 1st lesson

"Dear Students of grade 9, Om Sairam.

I am Sunil from Holland, in Januari we meet in SSSVM. Do you remember i ask you to call me Daju ? You are the same as my young sister or brother.

Because i make Soul Blossom lessons and give classes to you and other groups is good to call me Guru Daju. I am sure we will learn a lot from each other."

Bhagwan Baba said in a meeting on June 15, 2020:

"My students are physically very near by my, but sometime they are spiritual very far. Soul Blossom Class will be very helpful, explain from your vision. Your wisdom will grow and their (my students) wisdom will grow"

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Summary of our 1st lesson.

1.1 The difference between our SSSVM and other schools.

If we don't listen, don't talk, don't think & finally we don't practice good / positive things. We don't use all the benefits-opportunity we got from SSSVM .

1.2 Avatars Sri Rama, Sri Krishna, Sri Shirdi Sai, Sri Sathya Sai & the current Avatar Sri Sanjay Sai. Give the same easy, but very important massages: "Focus only on the good-positive things".

1.3 Valmiki, who was a dangerous robber/thief, but when he was fully practice good / positive things, he changed from a robber/thief to a great Rishi who wrote the Ramayan.

1.4 Why we have Soul Blossom classes.

To inspire each other to focus on good things. How more we all practice what we learn in de Soul Blossom class and what we learn from each other how more benefit we will have.

1.5 In life all have to fight one big battle. Not a battle against others, but a battle in ourselves. Between the good in us the bad in us. (focus on the good then the negative disappears automatically)

1.6 Heart work (home work): (You can make it alone or together with other students.)

Write done if you agree or not agree with the 5 points and why. Can you send your answers before Wednesday to me?

By the next class we will talk about answers of the first lesson (a,b, c and question 1-6) & also about 1.1 till 1.5 above here.

Note: A important thing we learn till now:

"If we want to have a successful life, healthy life, happy life, useful life, respect by others etc etc. we have to focus on good things.

Any good action has at least two benefits:

- The good things / habits in us will grow*
- The bad things / habits will become less.*

It is not necessary to fight or waste energy and time with bad/negative thing.

Focus on good / positive things will automatically reduce the bad / negative things in us" .