

1st Soul Blossom class was on: Tuesday, August 18th, 2020 from 20:00 till 21:00

Soul Blossom program of August 18

Pray for Bhagwan Baba: Our humble pranams at the holy divine lotus feet of Bhagwan Baba. We are going to start our soul blossom class, be with us and bless us to be a honest and helpful person.

भगवान बाबालाई प्रार्थना: भगवान बाबा हजुरको पवित्र चरण कमलमा विनम्र प्रणाम । हामी आत्मा विकशित कक्षा शुरुगर्न गईरहेका छौं, हामी सँगै बसेर हामीलाई ईमानदार तथा सहयोगी व्यक्ती बन्न सक्नु भन्ने आशिर्वाद दिईबक्सियोस ।

01 Opening:
3 x Om

3 x Gayatri Mantra:
Om Bhur Bhuva Swaha
Tat Savitur Varenyam
Bhargo Devashya Dhimahi
Dhiyo Yo Nah Prachodayat

1 x Ganesh Mantra:
Bakra Tunda Mahakaya Suryakoti Samaprabha,
Nirbighnam Kurume Devo Sarva Karya Su Sarvada

1 x Guru mantra:
Guru Brahma Guru Bishnu Guru Deva Maheshwor,
Guru Sakshat Param Brahma Tasmai Shree Guruve Namah

02: Activity: About our self, Soul Blossom Class, Nepal and Holland

03: Bhajan / song: Phul ko aakha ma, phulai sansaara

04: Heart work (Homework) for coming lessons:

Heart-work question 2.1; If you could do miracles (anything you can do in minutes), what would you do?

Heart-work question 2.2; The Most important Person in your life and why these person is very important (except God), if you have more than one very important person then you can write more than one

05 Closing:
3 x Om,
3 x Samasta jiwa Sukhino bhawantu
Om Shanti, Shanti, Shanti

Thank Bhagwan Baba:
Thank you Bhagwan Baba being with us in the class and blessed us. Encourage and bless us in our every steps.

भगवान बाबालाई धन्यवाद दिने:

भगवान बाबा हजुर हाम्रो कक्षा अवधीभरी बसी आशिर्वाद दिईबक्सेकोमा धयवाद छ । हाम्रो प्रत्येक पाईलामा उत्साहितगर्दै आशिर्वाद दिईबक्सियोस बाबा।

Note: These was the first class

Students:
Naitik Rijal
Pari Pokharel
Prabhu Pokharel
Ishan Acharya
Aayusma Paudel

Teachers / Gurus team:
Reshma Ma'am (Reshma Rijal)
Guru Daju (Sunil Marapin)