# Program 4<sup>th</sup> Soul Blossom Youth Class, Katunje, Saturday 15<sup>st</sup> August 2020, time 4pm to 5 pm

#### Our Guests today are:

- Doctor Triveni
- Meena Ma'am, (Teacher from Bhagwan Baba school, Coordinator of Soul Blossom class Balkot)

#### 01 Opening

- 3 x Om
- Thank Bhagwan Baba to be part of this Soul Blossom Youth Class
- One Bhajan, we can sign together

02: If there are new students, they can tell in short about themselves. Also, Dr Triveni can give a short introduction

03: Students who have guestions or want to tell something can do.

04: How was class from last week(s)?

05: Activity today:

A: Doctor Triveni, a young Doctor who is working in a Hospital to take care of corona patients, will be with us. You can ask Dr. Triveni question about Corona, health and other things. Our Katunje Youths can contact doctor Triveni always for any question about health.

#### B: We will talk about the Seva ideas programs

# 06 Heart-work (h-w) for next week Saturday 22 August (You can make h-w alone or together with other students)

- Heart-work question 5.1

If you could do miracles (anything you can do in seconds), what would you do?

- Heart-work question 5.2

Who is/are the most important(s) person(s) in your life (except God) and why?

- Heart-work question 5.3

On our website you can find our questions/answers and also from other Soul Blossom Youth classes. Other Soul blossom teachers/gurus can use our questions/answers to make their Soul Blossom Classes program, so let we check our questions/answers and make it perfect. Please Can check it carefully and let me know if you want to remove, change or ad something by your questions / answers?

### 07 Closing:

- One Bhajan, we can sign together (if we have time)
- Thank Bhagwan Baba and close the class
- 3x Om, 3x Samasta jiwa Sukhino bhawantu, Om Shanti, Shanti

### Note:

A: Al students write (hand writing) their h-w (heart-work) and send to me. If it is easy for you, you can type and send it to me. Of course, handwriting is also fine if it is easier for you.

B: Website: www.soulblossomstudents.org Email: soulblossom108@gmail.com

C: Students who want help to create Soul Blossom lesson ( stories, questions etc.) for the Soul Blossom kids from 6-11 years are welcome to help.

D: where on the website you can find the previous lessons and your hearth-work questions and answers?

- All previous lesson and h-w you can find on the Katunje youth page, by Program & Heart-work
- Our ideas to make from Katunje a happy and peaceful model village we can find on the students & point page
- Our other questions / answers you can find on the youth & wisdom page

E: On the point page you can find your points/numbers and also how to earn more point.

#### Students of our Soul Blossom Youth Class:

01-Rose, she is sharing food

02-Sumu, she is friendly with others

03-Raj, he is very funny and respect elderly

04-Suvam, he is studies very well

05-Swayeksha, the way she makes the activities or work understandable is very interesting

06-Pranjol, he is talking new things

07-Prabesh, he studies very hard

# Gurus (teachers) team of our Soul Blossom Youth Class:

Guru Daju (Sunil MARAPIN), Naresh Uncle (Naresh DHUNGEL), Rama Aunty (Rama DHUNGEL), Meena Ma'am and Dr. Triveni

# "Namaskar, Sairam dear students, forget these two things:

- 1- Forget the good things you have done for others.
- 2- Forget the bad things others have done to you."

Guru Daju (Sunil Marapin)