SOUL BLOSSOM CLASS, AUSTRALIA OMAN NEPAL Time: 5.00pm Date:05th August 2020 THURSDAY

FEEDBACK: WE WILL DO THIS LESSON PLAN AND REVISE FEW LESSONS FROM WAY BACK.

Pray out to Baba for giving us an opportunity to be in SOUL BLOSSOM CLASS.

Today we pray to you BHAGWAN BABA for letting us be a part of this school. Bless us Bhagwan Baba and turn us into the STEERMANS of the country. Guide us to follow the path you have created for us. Charan Sparsh Bhagwan Baba.



- 1. a. 3 x OM;
 - b. 3XGayatri.
- c.Omkar Bindu Samyukta Kaamadam Mokshyadam Chaiva

Nityam Dhyaayanti Yoginah Omkaaraaya Namoh Namah

- d. 3X Shanti Rub your hands and put it on your eyes. It is the kinetic energy you have created that turns into heat energy which is good for your eyes.
- 3. Rama Rama Chanting.....Chitra Amma
- 4. Two Bhajans
- i. Anjaniya Veera Hanumanta Sura

Vaayu Kumaara Vaanara Veera

Shree Ram Jay Ram Jay Ram X 2

Shree Ram Jay Ram Jay Jay Ram

Shree Ram Jay Ram Jay Sai Ram

ii. Oh Lord Purify me and make my heart worth stealing

A precious possession that is full of love and feeling

Take every good thought and take every action

Soaked in the sweetness of love and compassion

Bada Chitta Chora Vrindavaana Sanchaara

Gopala Gopala Hey Murali Gopala

Govardhana Dhara Gopala Baala

Gopi Manohaara Radhey Gopala

- 5. Game: Concentration Game
- 6. Dance
- 7. Vakratunda Mahakaya......

वक्रतुण्ड महाकाय सूर्यकोटि समप्रभ । निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा ॥

Vakra-Tunndda Maha-Kaaya Suurya-Kotti Samaprabha | Nirvighnam Kuru Me Deva Sarva-Kaaryessu Sarvadaa ||

8. SARVESHAM SWASTIR BHAVATU

SARVESHAM SHANTI BHAVATU

SARVESHAM PURNAM BHAVATU

SARVESHAM MANGALAM BHAVATU

- 9. Three OM
- 10. Three Samasta Jeeva Sukhino Bhavantu
- 11. Three Shanti
- 12. Draw a picture of Krishna, Or write two three lines on Krishna and his teachings.
- 13. Pray To Bhagwan Baba For Giving Us This Beautiful Platform To Blossom:

भगवान बाबा हजुरको कमल चरणमा हाम्रो कोटी कोटी वन्धना। हजुरको कृपाले आज सोल ब्लसम क्लासमा हामीले धेरै राम्रो कुरा सिक्न पाएकोमा हामी धेरै खुशी छौँ। हामीलाई भोलिको देशको असल कर्णधार हुनको लागी आशिर्बाद दिबक्स्योश भगवान बाबा। चरण स्पर्श भगवान बाबा।



CHARAN SPARSH BHAGWAN BABA.