

Pray to Baba for giving us an opportunity for us to be in SOUL BLOSSOM CLASS.

Today we pray to you BHAGWAN BABA for letting us be a part of this school. Bless us Bhagwan Baba and turn us into the STEERMANS of the country. Guide us to follow the path you have created for us. Charan Sparsh Bhagwan Baba.

FEEDBACK: Where I am concerned, I think we should start the SOUL BLOSSOM CLASS by prayer to Bhagwan Baba. Hope it suits everyone, including AUSTRALIA.

1. 3 x OM

2. 2 MINUTES MEDITATION MUSIC.....

FEEDBACK: As far as children said it correctly, I feel they all enjoyed the meditation, walking around the jungle. Focusing on sounds in the jungle worked I suppose?



3. Shanti Shanti Shantihi.....Rub your hands and put it on your eyes. It is the kinetic energy you have created.

4. Vakratunda Mahakaya.....

वक्रतुण्ड महाकाय सूर्यकोटि समप्रभ ।
निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा ॥

Vakra-Tunndda Maha-Kaaya Suurya-Kotti Samaprabha |
Nirvighnam Kuru Me Deva Sarva-Kaaryessu Sarvadaa ||

FEEDBACK: New for children home, but they seemed very keen to learn new mantra.



Meaning of The Mantra Is:

- i. (Salutations to Sri Ganesha) Who has a **Curved Trunk**, who has a **Large Body** and Whose **Splendour** is **like Million Suns**.
- ii. **O Deva, Please Make my Undertakings Free of Obstacles**, by extending Your Blessings in **All my Works, Always**.

5. KARAGREY: Karagre Vasate Laxmi, Karamadhye Saraswati, Karamule Tu Govinda, Prabhate Kara Darshanam.

FEEDBACK: Are requested to do this Mantra every morning before they leave their beds. It was the first time for them so they are still learning.



6. **GAME:** RAMA KRISHNA BUDDHA (COMPASSION) JESUS ALLAH



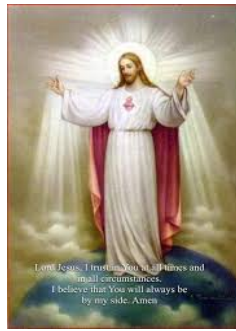
RAMA



KRISHNA



BUDDHA



JESUS



ALLAH

FEEDBACK: Playing game has always been the best time for them. Specially the little ones. They loved it.

7. **Followed By:** ENGLISH: STORY 004, ARCHANA SPEAKING THE TRUTH



Part 1: Archana

Once upon a time there was a family of three members living in Nepal. Father and mother with their daughter Archana. The parents were very caring, and they were a happy family. Archana also loved her parents, but she got upset when her parents did not buy chocolate for her. Her parents did not give her chocolates as they were worried that she might develop cavities in her tooth. Hence chocolates were given to her only as a treat. But Archana did not understand that since she was small, and she could not understand why her parents would not buy her chocolate even though she craved for it.

Part 2

One day Archana saw her mother keeping money under the sugar jar. Since she was craving for chocolate, when no one was looking she took two rupees out from under the jar. She sneaked outside and bought the chocolate. She had a wonderful time munching on the chocolate and her desire for chocolate was satisfied.

She returned home and found her mother looking for the money to go buy groceries. When her mother realized that two rupees was missing, she asked Archana if she had taken the money from under the jar. Archana feared being scolded so she lied to her mother and said she had not taken the money. Her mother now thought that she might have made a mistake in counting the money.

Days went by and Archana felt guilty that she had lied to her mother. She really wanted to be honest and tell her mother the truth, but the thought of being beaten made her change her mind.

Part 03:

One day when Archana was at Soul Blossom Class the teacher started teaching about

telling the TRUTH, no matter how hard it was. The teacher explained to the children that sometimes the path to the truth was hard and painful, but result would always be the best. After hearing the teacher speaking about being truthful, Archana decided immediately that she would return home and be honest to her mother about the missing two rupees. Walking back home seemed a long journey for her that day because she felt guilty and wanted to tell the truth to her mother.

Part 4:

When she got back home that day, she told her mother that she had something to tell her. She said, 'Mother remember the other day you asked me about the two rupees?' Her mother said

'Yes Archana, you told me you had not taken it. I must have made a mistake counting it. It is ok Archana.'

Archana then said 'Mother I want to confess something. I did take that money and I am extremely sorry about it. I said I did not take it because I thought I would be in trouble.'

Mother looked at Archana with tears in her eyes. She came towards Archana and gave her a big hug. She then said, 'Thank you dear for telling me the truth.'

Archana was taken aback. She had thought she would be in trouble, but instead she was rewarded by a big hug.

When her father came back from work her parents sat with her and explained that if she had asked for the money to buy chocolates, they probably would not have given it to her. They also explained that they had her welfare at heart for they were worried about her developing cavities in her tooth.

Archana started crying for she now understood that her parents were only trying to protect her. She felt exceptionally light-hearted and happy that she had told the truth to her parents. After that she never lied to her parents.

Later in life she also became a Soul Blossom Teacher. She always taught her students about five human values; being truthful, keeping peaceful, love all and serve all, staying away from violence, holding the right conduct. All her Soul Blossom children loved her. Then on she lived very happily ever after.

FEEDBACK: Story was told in short, in Nepali because I felt it would be easier to explain. They enjoyed it too. When the class ended, they said they would like to hear more stories in upcoming classes.

7. **Bhajan:** Gopala Gopala Nacho Gopala

Nacho Nacho Sai Nandalala

Ruma Jhuma Ruma Jhuma Nacho Gopala

Nacho Nacho Sai Nandalala

FEEDBACK: We have decided to teach children short easy bhajans. All the children seem to catch it very well.

8. **Heart Work:** Archana Story. What they learned from the story.

9. **Three OM**

10. **Three Samastha Jeeva Sukhino Bhavantu**

11. **Three Shanti**

12. **ASK CHILDREN HOW THE SOUL BLOSSOM CLASS WAS AND END WITH:**

13. **GRATITUDE PRAYER FOR BHAGWAN BABA:**

भगवान बाबा हजुरको कमल चरणमा हाम्रो कोटी कोटी वन्धना। हजुरको कृपाले आज सोल बलसम क्लासमा हामीले धेरै राम्रो कुरा सिक्न पाएकोमा हामी धेरै खुशी छौं। हामीलाई भोलिको देशको असल कर्णधार हुनको लागि आशिर्वाद दिबक्स्योश भगवान बाबा। चरण स्पर्श भगवान बाबा।

FEEDBACK: At the end as always, we ended with asking them how the class was, obviously, no one say it was not good.

Ended with three OM, Samastha Jeeva, and three Shanti followed by Ending Prayer for Bhagwan Baba.



FEEDBACK: If there is a better way to express our humble Pranam at THY LOTUS FEET they can change the prayer to their own words. Om Shree Sai Ram.