

1st Soul Blossom Youth Class, Katunje, Saturday July 25, time 4pm to 5 pm

Summary of the 1st Soul Blossom Youth Class

01 introduction:

- Tell in short about yourself
- Why do you think we have these Soul Blossom Youth Classes?

Yesterday we dedicate to start with a Youth Soul Blossom Class, and today we start with 7 Youth from Katunje, with the class

Guru Daju tell about:

- Himself and all the seven youth tell also about them self.
- Short video Flower park Keukenhof in Holland
- The Student tell about Nepal, Temples, Holy places and Culture, mountains, Bhaktapur, food etc. etc.
- The most important reason why Tourist will visit Nepal again and again: respect, kindness & caring of the tourists by the Nepalese
- Youth are very important for a country, if youth leave Nepal, who will build up the country?
- Small Children will follow the example of the youth
- If you pray think good before you ask something (Lady was pray for no-rain at the same time as farmers pray for rain)
- The problems in Economic develop countries
- Use you phone for positive things.
- The important of Father , Mother, Guru & God

"If we want to have a successful life, healthy life, happy life, useful life, respect by others etc etc. we have to focus on good things.

Any good action has at least two benefits:

- *The good things / habits in us will grow*
- *The bad things / habits will become less.*

It is not necessary to fight or waste energy and time with bad/negative thing.

Focus on good / positive things will automatically reduce the bad / negative things in us".

02 A small story with Heart-work question 2.1:

Once upon a time there was a student walking in de city. He saw a very very rich businesswoman. He recognized her from the TV and the big companies she owned. The rich businesswoman walked with a lot of wallets, with a lot of money.

She planned to buy everything she liked, as she often did. Sometimes she even bought the whole store when there were many things in it that she liked.

She dropped / lost one of her wallets. The student picked it up and thought:

"Shall I give it back or will I give it to the people who were really in need and got no help from anyone?"

He hesitated between 2 thoughts.

1st thought: *"E Prabhu, what should I do, I will give it to the poor who really really need it, because I' am sure this businesswoman will use it to buy even more unnecessary things. Prabhu you know how crazy she is, she doesn't even know how many purses/wallets she has. I feel sad Prabhu, but it's her money, so dharma is to give back, but maybe it's a better dharma to give it to people in need. I don't know what is the best thing to do, I will give it back"*

2nd thought: *"E Bhagwan, what should I do, if i give her back, she will buy an ice cream for me and continue with shopping. Because she did this to a friend of mine last time when she lost one of here wallets, she give my friend a cholate because the chocolate shop was open. But today the chocolate shop is close & the ice crème shop is open, so i am sure she will give me a ice-cream and continue with shopping if i give here the wallet back. Bhagwan, now you blessed me with a opportunity to do something for others. An ice-cream is tasty, but people in need are really important now. So i will give it to who really need, and off Couse i can buy a ice-cream for myself"*

03 Heart-work (You can make it alone or together with other students.)

Heart-work Question 2.1

- If you were this student what would you do?

- A 1st give it back to the businesswoman
- B 2nd give the money to people who are really in need
- C 3rd do something else.

We talk about the very rich businesswoman, who lost her wallet. Next week we plan to give our vision on the answers of the students

Heart-work Question 2.2

Everyone probably has questions in their life that have not yet been answered. Come on with your questions, together we will probably find an answer.

Students come with spiritual & any other question. We will talk in the next lessons about your questions

Heart-work Question 2.3

With God's Blessing we are going to make Katunje a model / village, where we will take care of each other. Students came up with at least 1 idea about community sewa..

- Think of what we can handle as group,
- How the community will respond.
- What is useful

Students come with sewa project what we can do as group

04 Heart-work Coming week (You can make it alone or together with other students.)

05 Closing:

- A song / bhajan :

Phul ko aakha ma, phulai sansaara