



Shri Sanjay Sai Seva Organisations International

Holland Chapter



W36-2025-St055a+b Chapter - Coordinator: SsssbGuru Daju (Sunil Marapin) Holland Chapter (SSSSOHC)

Manage Balkot 10 years and older physically Family class: Meena Ma'am, with support from our youth team
 Manage Balkot 5-9 years physically class: Gita Ma'am, with support from our youth team
 Manage Sssvm School Ssssb classes: Meena Ma'am, with support of teachers from the class
 Manage Katunje Sanskar physically class: Naresh Sairam and Rama Ma'am
 Manage Online Family Saturday and Sunday classes: Present online gurus with support from our youth team
 Webiste: www.ssssohc.org

Time Saturday: Nepal 9:00-10:15, Congo 4:15-5:30, Holland 5:15-6:30am India 8:45-10:00

Time Sunday: Nepal 19:00-20:00, Congo 14:15-15:15, Holland 15:15-16:15 India 18:45-19:45

SaFC: Open Saturday's Shri Sanjay Sai Soul Blossom (Ssssb) Family class
 Sa 5-9 Balkot class: 5-9 Shri Sanjay Sai Soul Blossom (Ssssb) Balkot Class
 Sa10 and up Balkot class: 10 and up Shri Sanjay Sai Soul Blossom (Ssssb) Balkot Class
 Sa Katunje Sanskar Class: For 5-9 + 10 and older
 SaFC: Open Sunday's Shri Sanjay Sai Soul Blossom (Ssssb) Family class

Program

01a - Bhajans, try so learn and sing new bhajans / Bhajans essayez de chanter de nouveaux Bhajans

02b - Focusing-Meditation-Concentration: Light Meditation

02b - Méditation de concentration et d'attention : Méditation lumineuse

02c - Today's picture / L'image du jour

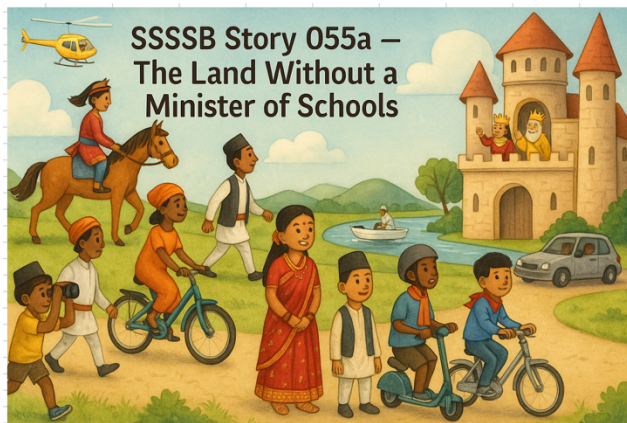
03a - Games for Physical Classes / Jeux pour les classes physiques

03b - Games for Online Classes / Jeux pour les classes en ligne

04- Topic / Story / Info / Statement / Question / Speech / Situation / Festival / Feelings / Etc.

04- Thème- Histoire- Information- Déclaration- Question- Discours- Situation- Festival-Sentiments-Etc.

English, Topic and H-w: Ssssb Story 055a+055b



H-w: Let's share our experiences and insights through words and/or creative expression.

Request to all our participants:

1. Let's share our own feelings, experiences, and opinions.
2. Perform Seva daily, and pray daily to God, who is also in our hearts, followed by Jyoti Meditation.
3. Honestly evaluate your words, thoughts, and actions daily, and improve wherever possible.

Fench H-w : Partageons nos expériences et nos idées à travers des mots et/ou des expressions créatives.

Demande à tous nos participants :

1. Partageons nos propres sentiments, expériences et opinions.
2. Pratiquez le Seva quotidiennement, priez chaque jour le Divin qui réside dans nos cœurs, suivi de la Méditation Jyoti.
3. Évaluez honnêtement vos paroles, pensées et actions chaque jour, et améliorez-vous là où c'est possible.

01a - Bhajans, try so learn and sing new bhajans / Bhajans essayez de chanter de nouveaux Bhajans

Om (3x)

Om Sai Thrayaaya Vidmahe,

Sanjay Babaya Dheemahi,

Tanna Sarva Prachodayath (3x)

- Om, Shanti Shanti Shanti

- Lord Ganesha Bhajan

- Guru Bhajan

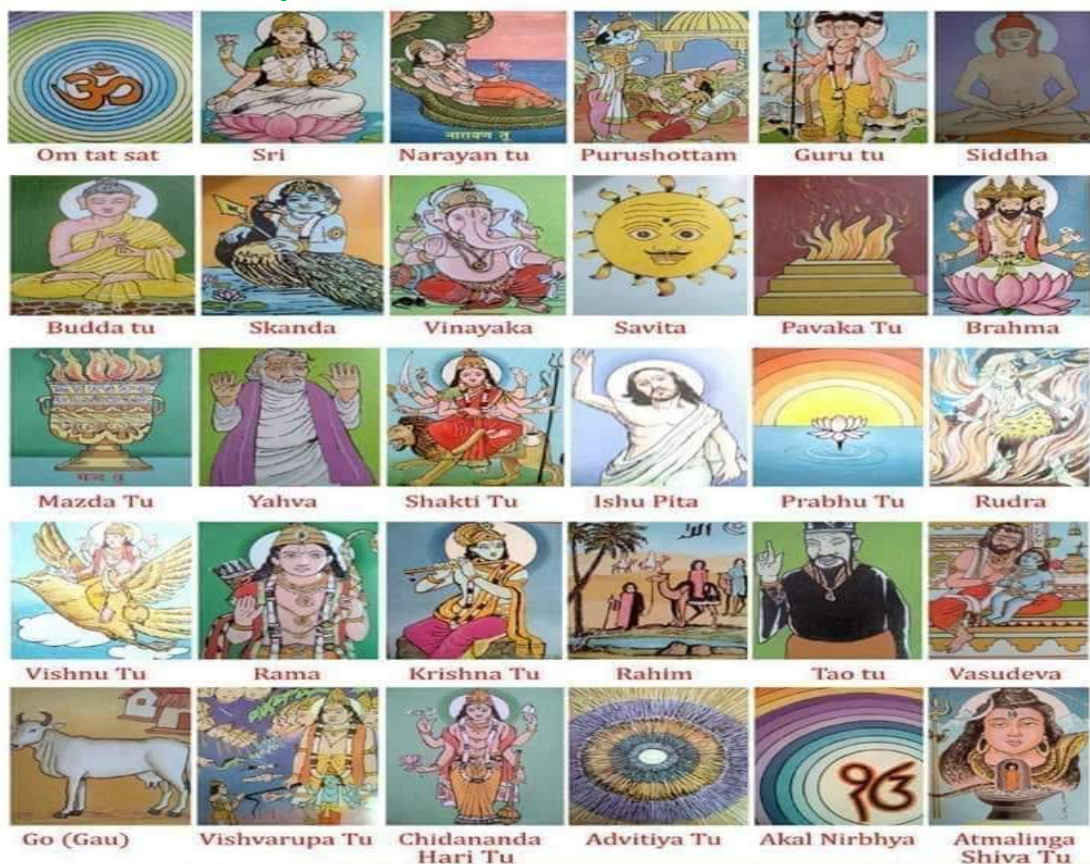
- Devi Bhajan

- Lord Shiva Bhajan

- Other Bhajans

- Ram Laxman Janaki, Jay Bolo Hanuman Ki

- Sarva Dharma Prayer



Atma Linga Siva Tu, Sai Atma Linga Siva Tu

- Om, Shanti Shanti Shanti

02a - Do you want to share or ask something? / Voulez-vous partager ou demander quelque chose ?

02b - Focusing-Meditation-Concentration: Light Meditation / Méditation de la lumière



02c - Today's picture / L'image du jour

04- Topic / Story / Info / Statement / Question / Speech / Situation / Festival / Feelings / Etc.

04- Thème- Histoire- Information- Déclaration- Question- Discours- Situation- Festival-Sentiments-Etc.



SSSSB Story 055a – The Land Without a Minister of Schools (for children aged 5–9)



📖 SSSSB Story 055a – The Land Without a Minister of Schools (for children aged 5–9)

Once upon a time, there was a land with a king and a queen.
They needed someone to make decisions about the schools.

But there was one important rule: this person had to have attended an **SSSSB class** before.

The king and queen asked all the people in the country to search for such a person.

They searched everywhere, from one side of the land to the other.
Some walked, some rode bicycles or scooters, some rode horses, some went by car,
and some even flew in a helicopter or traveled by boat.

But there was no SSSSB class and no SSSSB student to be found.

After three days, the people came back tired and a little sad.

The king and queen said: *“In our country there is no one from an SSSSB class. We must find an SSSSB member from another country.”*

They asked a special team to write down all the SSSSB classes in the world,
together with the names of all their family members, in a big book.

When the book was ready, the king and queen opened it.
And yes... there was also **your name!** ✨

🌟 Question of the Day Imagine you were chosen to decide everything at school.
What would you change...

- In the classroom?
- On the playground?
- In the garden or play area?
- During gym class?

And what do you think is most important for all children?
(Be kind, play fair, learn together, eat healthy, etc.)

📖 SSSSB Story 055b – The Land Without Ministers (for children aged 10 and up)



📖 SSSSB Story 055b – The Land Without Ministers (for children aged 10 and up)

Once upon a time, there was a land where great unrest reigned.
The king and the queen were urgently looking for four new ministers:
a Minister of health
a Minister of Education,
a Minister of Family Affairs,
and a Minister of Sports and Games.

But there was one special condition: the new ministers had to be people who had once participated in the SSSSB lessons.

The people of the land set out to search for such persons. They traveled for nine days. Some went on foot, others by bicycle or scooter. Some looked out from the high mountains with binoculars, others traveled by car, motorbike, or even by helicopter or boat.

They searched everywhere... but found no SSSSB class and no SSSSB family member.
Disappointed and exhausted, they returned home.

At the palace, the king and queen were already waiting on the balcony. But the people cried out:
"Your Majesty, we have searched for nine days, in every corner of the land, but we found no one!"

The king and queen discussed the matter. Then they decided to look further, outside their own land. And so they discovered the names of all the SSSSB family members – and yes, your name was there too!

? Question of the Day Imagine that you were chosen to become one of these four ministers.
There is enough money available, and you can decide everything yourself!

a Minister of health
a Minister of Education,
a Minister of Family Affairs,
or a Minister of Sports and Games.

- 1] Which minister would you like to be?
- 2] Why would you choose that?
- 3] And what rules would you make for everyone in the land?

Think of everyone: babies, children, young people, adults, and the elderly, but also animals and plants.

03a - Games for Physical Classes / Jeux pour les classes physiques

03b - Games for Online Classes / Jeux pour les classes en ligne

Keep a pen and notebook with you, it may be necessary

$$\text{Apple} + \text{Apple} + \text{Apple} = 15$$

$$\text{Dog} + \text{Apple} + \text{Dog} = 17$$

$$\text{Tomato} + \text{Tomato} + \text{Dog} = 14$$

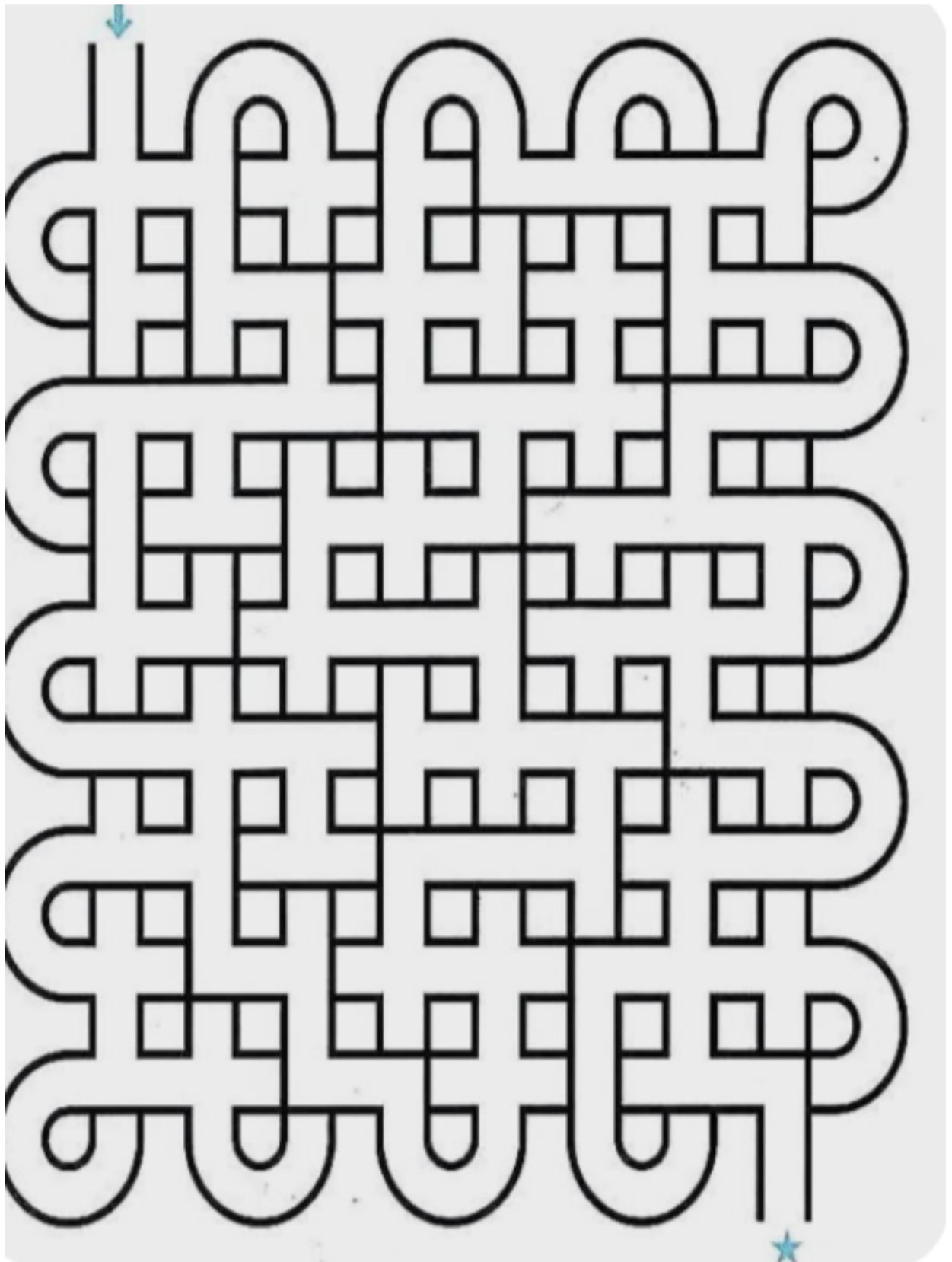
$$\text{Dog} + \text{Tomato} + \text{Apple} = ?$$

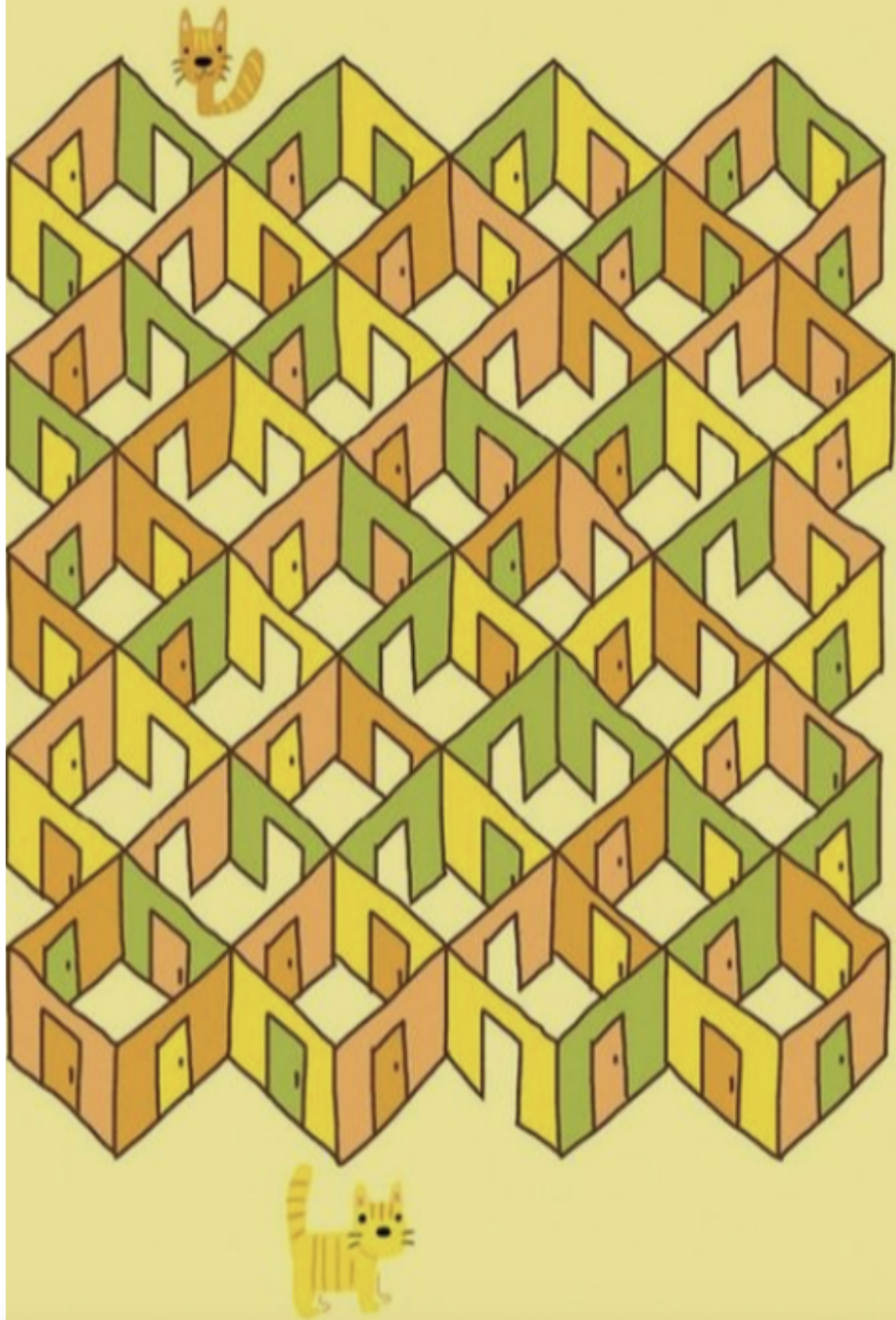
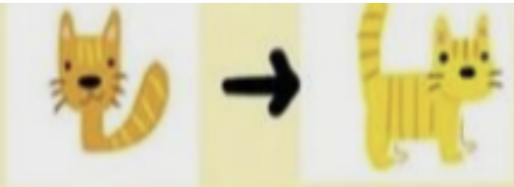
$$\text{Apple} + \text{Apple} + \text{Apple} = 15$$

$$\text{Apple} + \text{Cherry} + \text{Cherry} = 9$$

$$\text{Cherry} - \text{Lemon} = 1$$

$$\text{Cherry} + \text{Lemon} + \text{Apple} = ?$$





RBZ
Oct 9 2024

$$\text{Cat with mouse on back and bow} + \text{Cat with mouse on back and bow} = 30$$

$$\text{Cat} + \text{Cat} = 20$$

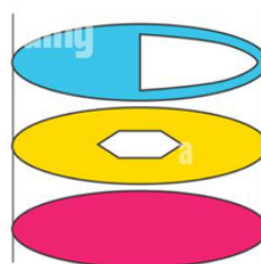
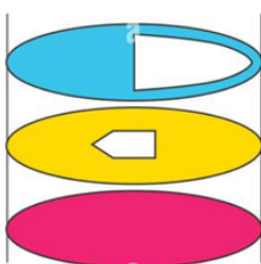
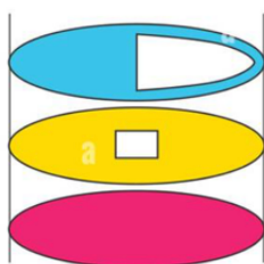
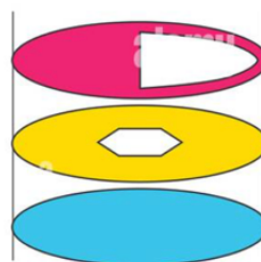
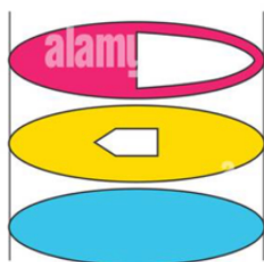
$$\text{Mouse} + \text{Mouse} = 12$$

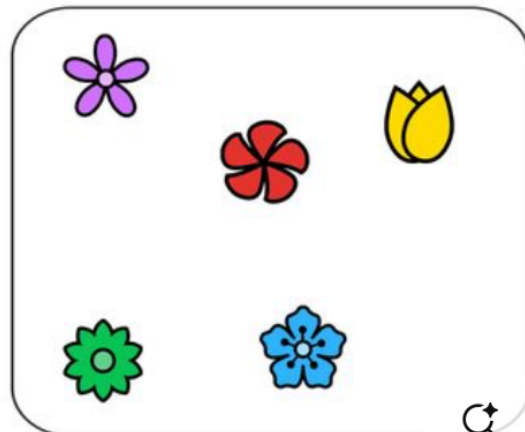
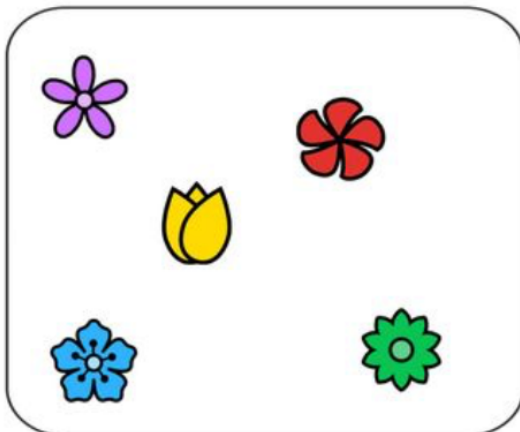
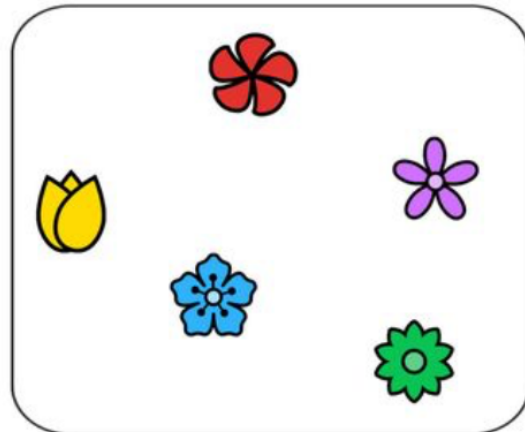
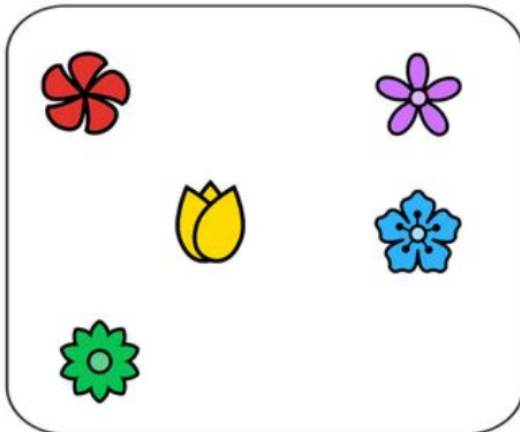
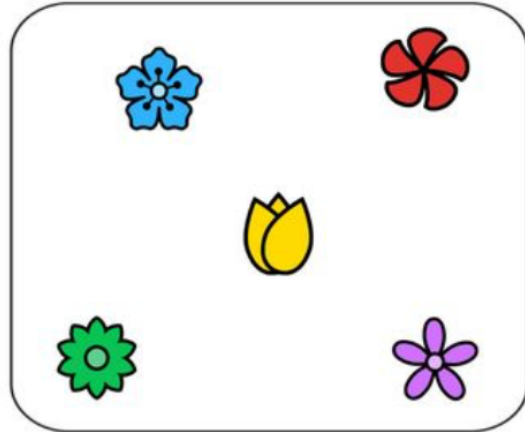
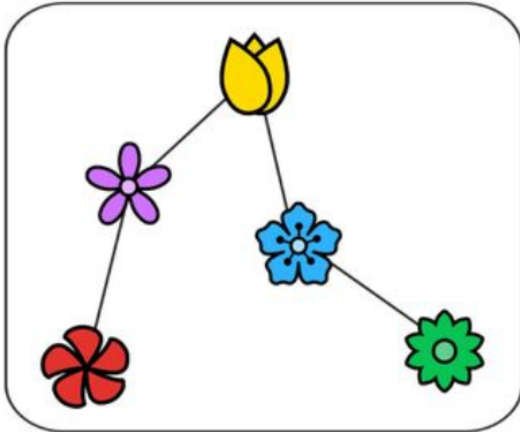
$$\text{Bow} + \text{Bow} = 10$$









SOLVE

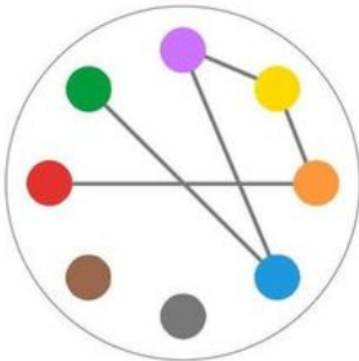
$$\text{Cat} + \text{Cat with mouse on back and bow} \times \text{Mouse} = ?$$

Spot the correct group of circles

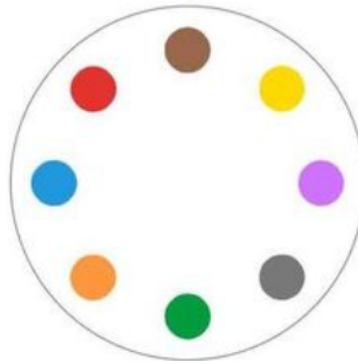




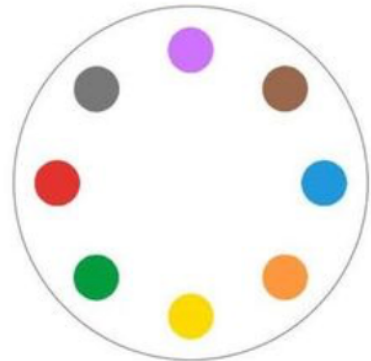
1	2	3	4	5	6	7	8
							



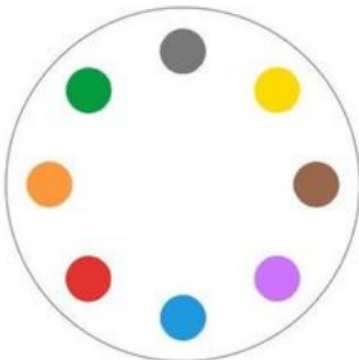
2-4-5-3-7-1



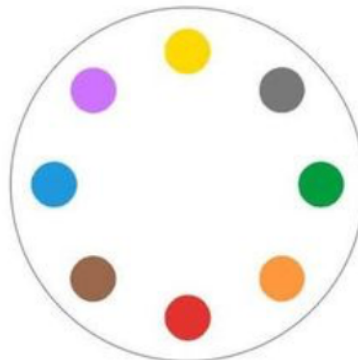
8-2-7-3-1-5



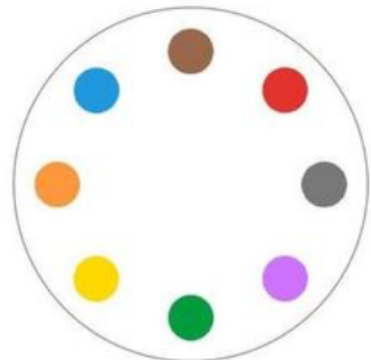
6-3-8-1-5-3



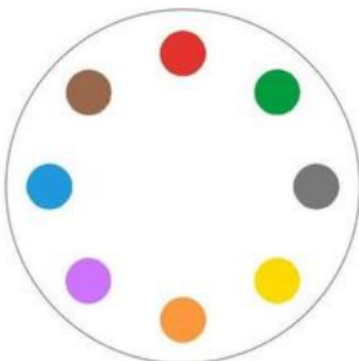
5-8-1-2-4-7



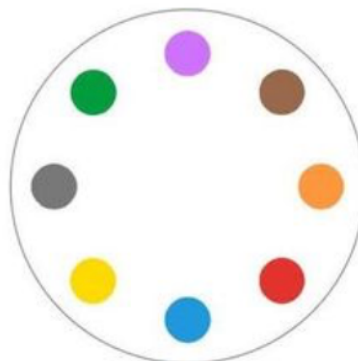
3-4-8-2-5-6



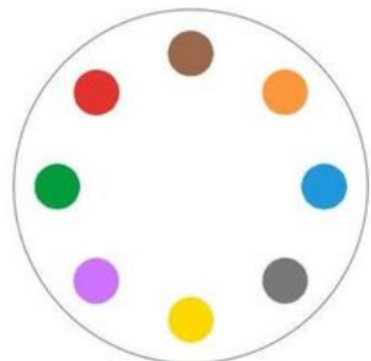
1-4-6-2-7-8






7-1-6-4-5-2









1-8-3-7-2-6






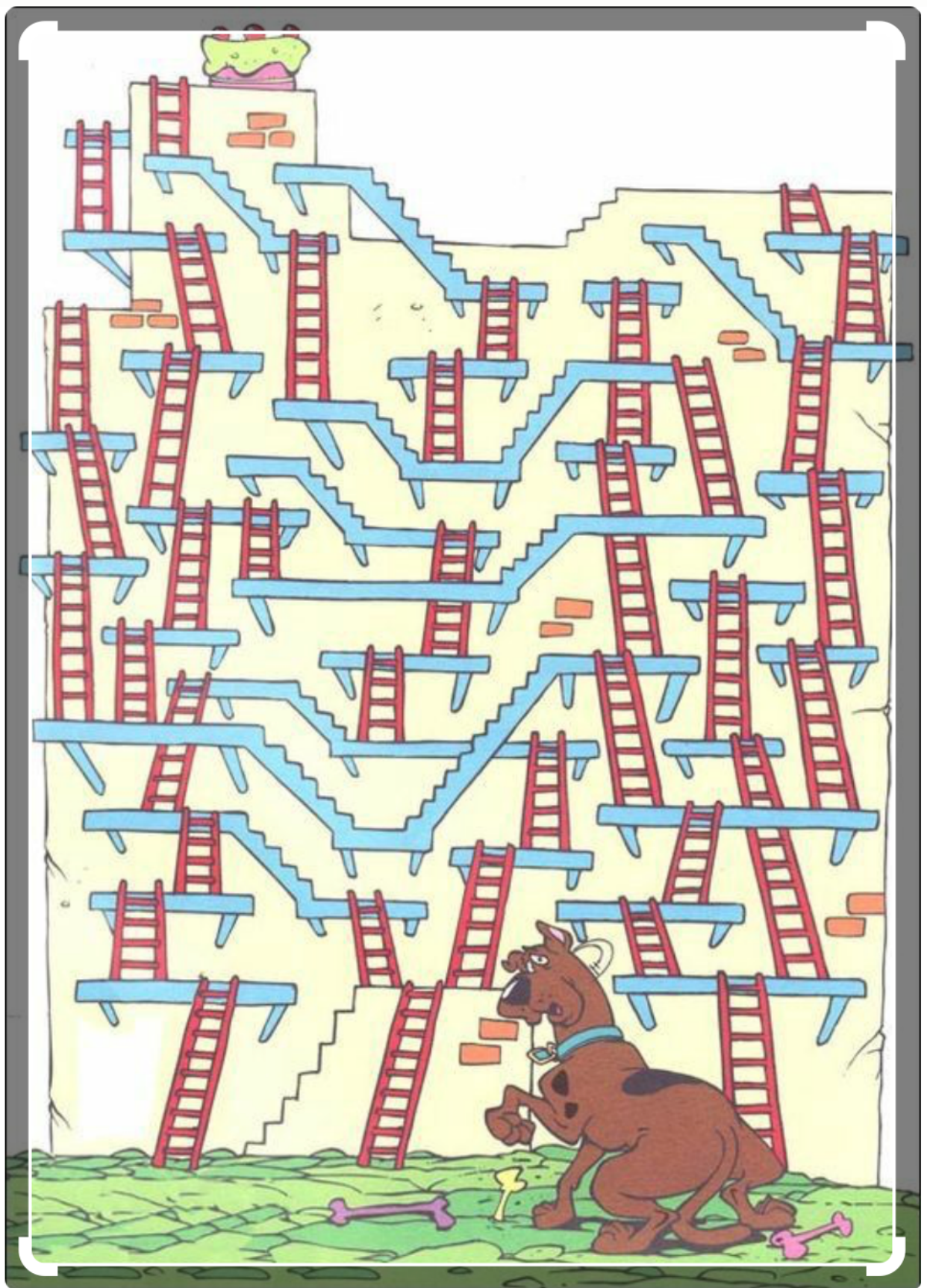
4-5-8-1-3-2

 +  +  = 48

 +  ×  = 56

 ×  +  = 49

 +  ×  = ?



05 Closing: Last part of today's Ssssb Family Class

05 Fermeture: Dernière partie du cours Ssssb Famille d'aujourd'hui

- Asato Ma Sadgamaya
Tamaso Ma Jyotir Gamaya
Mrytyor Ma Amritam Gamaya

- Bhagwan Shri Sanjay Sai Aarati.

Om Jaya Sañjaya Bābā, Swami Jaya Sañjaya Bābā,
Satya Sanātana Nirmala, Satya Sanātana Nirmala,
He Jagake Dātā, Om Jaya Sañjaya Bābā
Sumadhura Sundara Vaibhava,
Kamala Dalekṣhaṇa He, Svāmi Kamala Dalekṣhaṇa He,
Kāṣhāyāmbara Dhāraṇa, Kāṣhāyāmbara Dhāraṇa,
Pañkaja Caraṇa Namō, Om Jaya Sañjaya Bābā.
Param Dhāma Paramēśhvara, Paramānanda Namō,
Svāmi Paramānanda Namō,
Parama Pūjya Sāīśhvara, Parama Pūjya Sāīśhvara,
Atmānanda Namō, Om Jaya Sañjaya Bābā
Lakṣhmī Nārāyaṇa Mūrata, Shubhadāyaka Bhagavān,
Svāmi Shubhadāyaka Bhagavān, Sakala Jagata Ke Rakṣhaka,
Sakala Jagata Ke Rakṣhaka, Maṅgala Kara Prabhu He,
Om Jaya Sañjaya Bābā
Om Jaya Sañjaya Bābā, Swami Jaya Sañjaya Bābā,
Satya Sanātana Nirmala, Satya Sanātana Nirmala,
He Jagake Dātā, Om Jaya Sañjaya Bābā,
Om Jaya Sañjaya Bābā, Om Jaya Sañjaya Bābā
- Om Shanti, Shanti, Shanti

- Samastha Jiva Sukhino Bhavanthu (3x)

- Sarveshaam Swastir Bhavatu
Sarveshaam Shaantir Bhavatu
Sarveshaam Purnam Bhavatu
Sarveshaam Mangalam Bhavatu
- Om Shanti, Shanti, Shanti

- Jai Bolo Shri Sanjay Sai Soul Blossom Program Ki ... Jai (1x)
- Jai Bolo Bhagawan Shri Sanjay Sai Baba Ji Ki ... Jai (1x)

End, Fin, Ende, Fine, Fim, Konec, Jiéshù, Shūryō, Nihaya, Ant, Anta, Lokola

Short version

05 Closing: Last part of today's Ssssb Family Class [Short version]

05 Fermeture: Dernière partie du cours Ssssb Famille d'aujourd'hui [Short version]

- Asato Ma Sadgamaya
Tamaso Ma Jyotir Gamaya
Mrytyor Ma Amritam Gamaya

- *Samastha Jiva Sukhino Bhavanthu* (3x)

- Om Shanti, Shanti, Shanti

- Jai Bolo Shri Sanjay Sai Soul Blossom Program Ki ... Jai (1x)

- Jai Bolo Bhagawan Shri Sanjay Sai Baba Ji Ki ... Jai (1x)

End, Fin, Ende, Fine, Fim, Konec, Jiéshù, Shūryō, Nihaya, Ant, Anta, Lokola