

🇬🇧 English Version - SSSSB Story 007b: A Wise Start — Doing Our Best and Practicing Values Makes Life More Beautiful, Easier, and Fun [13+ years]

Story 007b: A Wise Start — Doing Our Best and Practicing Values Makes Life More Beautiful, Easier, and Fun [13+ years]



One afternoon, three SSSSB students from Congo, India, and Nepal were having a conversation.

Emmanuel from Congo said: *"I'm still in school right now. I wasn't serious this year — I spent most of my time playing volleyball and football. Now I've fallen behind and need to work extra hard to pass to the next grade."*

Anil from India said: *"I'm on school vacation. For the first time, I'm planning to do Seva! I want to list all the Seva opportunities I can think of and start with the ones that people need the most. Or should I start with the Seva I enjoy the most?"*

Tenzing from Nepal said: *"My vacation is over, and the new school year has just started. Last year, I played basketball and table tennis first, then studied. This year, I want to do things differently: I'm going to do my best in school right from the start and truly practice the values we learn in the SSSSB classes."*

Then they each shared two important lessons they learned from their SSSSB gurus: Meena Ma'am, Kusumaa, Gita Ma'am, Neerana Ma'am, and Guru Daju:

Emmanuel: 1] Never think of yourself as more important than others — we are all children of God. 2] Show respect and gratitude to your parents, teachers, SSSSB gurus, and elders.

Anil: 1] Do light meditation every day, and also talk and pray to Swami. 2] Don't focus on the mistakes of others — focus on improving your own manners.

Tenzing: 1] Be a good listener and speak softly and kindly. 2] Be an exemplary student at school, a loving child at home, and a role model for younger children.

Question of the Day: Name at least one quality you would like to improve in yourself, and at least one quality you feel is already going well.